Thinking of Buying?
Thinking of Selling?
Call Me Today!
Penny Lane
SALES REPRESENTATIVE
RAISING THE ROOF ON SERVICE
ROYAL LEPAGE
NIAGARA REAL ESTATE CENTRE INC. BROKERAGE
Call Me Today! 905-733-8996
www.pennylanesold.com
Office: 905-892-0222
84076465

Published by Osprey Media Publishing Inc. • Issue No. 10 Volume 14

Pelham NEWS

ROYAL LEPAGE
Niagara Real Estate Centre Inc., Brokerage
INDEPENDENTLY OWNED & OPERATED
What's my House WORTH?
GO TO:
www.calljanet.ca
CALL 905-892-0222
JANET Nieuwesteeg
SALES REPRESENTATIVE
1815 Merrittville Hwy. • Fonthill

OMHA CHAMPIONSHIP

The Buckners Pelham Bantam AE Panthers are heading into the Ontario Minor Hockey Association championships, after defeating St. Mary's in a 3 game sweep. The Panthers scored a total of 54 goals in 11 games and only giving up 18. For the OMHA Championship, the Panthers will face off against Elmvale. The series will start at the end of March Break.

See Story | page 14

See Inside: PUPO'S
INSERTS
Full Distribution
Sears
HOMES extra
redplum sweeten the deal
Leon's
PHARMASAVE
84027071

ROOFING
Residential & Commercial
BEAT THE H.S.T.
PERSONAL TOUCH
Home Improvements
Professional Work with a Personal Touch
2601 Hwy #20 EAST • FONTHILL 905-892-6177
84070742

LIBRARY: Spring Book Sale a big hit

WAYNE CAMPBELL Staff Photo

Barbara Somerville, front, and Joan Chick, members of the Friends of the Pelham Library, sort books during the library's Spring Giant Book Sale in the Fonthill branch. The sale last week raised more than $3,200 for the library, said community services coordinator Melanie Taylor-Ridgway. It was one of the most successful in recent years. Unsold books were donated to other non-profit groups holding book sales and as well as organizations that will use them. The library has a used-book outlet in the Fonthill branch's lobby. The library is now accepting gently used clothing for its used clothing sale from April 12 to April 17.

FENWICK FIREFIGHTERS

Bin there, use it

WAYNE CAMPBELL
PelhamNEWS Staff

Here's a chance to show your metal and help pump up local firefighters.

The Fenwick Firefighters Association has set up a bin beside Pelham Fire Station No. 2 to collect and will dispose of scrap metal free of charge.

The volunteer firefighters will recycled the metal through V&R Recycling in Smithville.

Proceeds from it will be used to equip a new Fenwick fire station.

This year the town will build the new one on Welland Rd. a few lots east of the current station at 792 Welland Rd. where it meets Canboro Rd.

"We are looking for any kind of scrap metal," said David Nicholls, secretary of the Fenwick Firefighters Association.

"When you find something in your shed such as old nails, car parts, old appliances or other scrap metal drop it off in the bin," he said.

You can do it at any time of day.

The Fenwick firefighters plan to equip a fitness area in the new fire hall first, Nicholls said.

"Most of us are members of the YMCA," he said of how they stay in shape to wear bunker equipment, run to fire and medical calls and endure long hours at fire scenes.

Continued on page 2

In Today's Market You Need More Than Just A Sign On Your Lawn...
Debbie Pine Sales Representative
debbiepine@royallepage.ca
www.pinesold.com
Get Pine-Sold
ROYAL LEPAGE
Niagara Real Estate Centre, Brokerage
Independently owned and operated.
Bus: 905-892-0222
Sell: 905-321-2261
84084070

upfront

■ TOPIC

New firehall coming soon

CONTINUED FROM PAGE 1

The YMCA memberships can be expensive and involve travel time, be said.

The fitness equipment would be available to other volunteer firefighters at stations No. 1 in Fonthill and No. 3 on Sixteen Rd. as well as town staff.

Money from the scrap metal recycling will be used to purchase any special firefighting tools that the town may not be able to buy, said Nicholls.

"We also sponsor youth sports teams, a scholarship and other charities," he said about the firefighters association's activities.

The firefighters are looking forward to the new firehall, which they helped to design.

In particular, he said they will appreciate a drive-through feature of the new station.

"When you come back from a call at 3 a.m. backing in becomes a challenge," he said.

Meanwhile, the trucks are getting bigger "and the hall is not," he said.

Last week town council approved rezoning of the property for the new firehall. It was converted from use for a greenhouse to a firehall. Council also set the building and parking lot positions on the site, which sits between Welland Rd. and Fenwick's Centennial Park.

Nicholls expects the station to go up fairly quickly.

"It's basically a garage with an office and training room," he said.

wcampbell@wellandtribune.ca

■ TOWN HALL: Construction moving along

Staff Photo

Construction continues on an addition to Pelham Municipal Building in Fonthill. A crane was called in to place a beam on the one-storey extension. It will include a renovated council chamber with a committee room and three offices for the mayor, chief administrative officer and an assistant. The work is expected to be done early in the spring. Town council is now meeting at Pelham Fire Station No. 1 on Regional Road 20.

■ COUNCIL: Airport commission

Pilots group seeks change at airport

WAYNE CAMPBELL
PelhamNEWS Staff

PELHAM — The Canadian Owners and Pilots Association Flight 149, which uses the Niagara Central Airport, wants a new flight plan.

In a letter to town council, it asked for a reconstruction of the airport commission.

It wants "a separate governing airport authority, reporting to the municipal council, comprised of representatives of everyone in the community who has a stake in the success of the airport."

The Niagara Central Airport Commission is now made up of representatives from Pelham, Port Colborne, Wainfleet and Welland.

The four municipalities are co-owners of the airport in south Pelham along the Welland River. They finance it through a levy that amounts to $1 per person from each of the four municipalities.

The commission has been ineffectual, COPA Flight 149 president David Devine said in his letter.

"Various changes in political representatives, and the lack of any representation from the aviation community have severely limited any real governing effectiveness," he said.

"We believe that an effective airport commission must be represented by stakeholders, general aviation, pilots, business community and municipal representatives," he said.

"Without a vested interest in the viability of the Niagara Central Airport, the long-term sustainability of the airport is in question."

Devine proposed a commission comprising a member from each municipality, a member of COPA, a member from the chamber of commerce, a member from the airport's tenants and non-voting members such as a commercial aviation business rep, a community rep and an adjacent landowner.

Ward 1 Coun. Debbie Urbanowicz, Pelham's representative on the airport commission, told council the commission has been studying restructuring for months.

The commission has also received the letter and questioned its conclusions, she said. Some users of the airport, including air cadets, were not contacted as suggested in the letter.

Urbanowicz said the commission will bring a report on restructuring and other projects the airport is involved in to the four municipalities.

It does favour a form of restructuring, she said.

Pelham council received the letter and forwarded copies to Welland, Port Colborne and Wainfleet and Niagara West-Glanbrook MP Dean Allison.

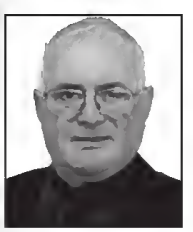
The airport falls under federal jurisdiction and a change in the commission may require federal approval.

wcampbell@wellandtribune.ca

64076304

Lampman Funeral Home

Our Family Serving Your Family since 1911



Irvine Muir

Terry Mikolasek

724 CANBORO ROAD
FENWICK (905) 892-4701

Wheelchair Accessible

Specialized
BEHAVIOURAL THERAPY
FAMILY • PERSONAL • SOCIAL • WORKPLACE
DEBRA CHARLESWORTH & ASSOCIATES
905-892-8543
Child • Youth • Adult • ADHD • Asperger • Autism

tempo

BELL GROUP
WINDOWS • ROOFING • SIDING • DOORS
BEAT THE HST! Order Now!
NO GST on windows till March 31
$10,000 Gvt. grant ongoing:
Call for FREE quote
& 5% financing
905•892•7616
1-888-350-0094 FONTHILL
Licensed • Insured • Guaranteed www.bellgroupinc.com

■ **CHARITIES:** Annual Home and Leisure Show coming April 16, 17, 18

Fonthill Kinsmen donations

Supplied Photo

Kin August Lens presents a cheque to Pat Kemp executive director of Hope Centre. The funds will be used in support of their homeless shelter, soup kitchen, food bank, literary skills counselling and housing stabi;ization. In photo from left Kinsmen Mark Lovell, Bob Wassle, John Pruyn, Lens, Kemp, Kinsmen Brian Iggulden, Jim Jenter and Greg Stewart.

Supplied Photo

Kin Adam Duliban presents a cheque to Haley Bateman from Women's Place of South Niagara. The support will help women and children in crisis. From left Kinsmen Nev Coslovich, Jonathan Kuchyt, Duliban, Bateman, Kinsmen Brian Iggulden, Dave Kuchyt and John Stringer.

■ **COUNCIL:** Habitat for Humanity

Home ownerships fight poverty cycle

WAYNE CAMPBELL
PelhamNEWS Staff

It all starts with land.

Alastair Davis, executive director of Habitat For Humanity Niagara, pitched a partnership to Pelham town council last week.

He hopes to stir interest from the town or individuals to donate land to the organization.

"It was a starting point," he said about his presentation.

In it he outlined how Habitat selects families who buy the homes. They invest 500 hours of "sweat equity" to assist in construction of the house. They require the ability to pay for a zero-interest, no-down-payment mortgage through a rent-geared-to-income system.

"Once we have the land we can look for the family and the materials," he said.

Habitat For Humanity Niagara has built 32 homes in Niagara in Welland, Port Colborne, St. Catharines, Fort Erie and Thorold.

He told Pelham council Grimsby has just announced it will provide land for a project.

Davis said Habitat strives "to break the cycle of poverty" by building safe, decent, affordable homes.

Once a family has a home it finds its life transforms, he said. Parents have stability and children start to improve in school.

He rhymed off statistics that show 14.2% of Niagara residents, 15.6% of children and 48.9% of single-parent families live in poverty.

People in poverty are living in housing that is not affordable, overcrowded, substandard or a combination of all three, Davis told council.

Meanwhile, 6,199 families are waiting up to eight years for affordable bousing in Niagara, he said.

Habitat uses community partnerships to build its houses. In addition to donated land and help from municipalities such as rezoning the land, it receives donated materials, labour from high school and Niagara College technology students as well as volunteering professionals. And it buys from local merchants.

His ability to give out a tax receipt for donations makes him very popular, Davis said with a laugh in an interview following his presentation.

He found Pelham council quite receptive and welcoming, he said. He realizes his presentation is just the start to a long process.

Land donations come from unusual sources. For example, Habitat is constructing three homes on an unused parking lot on Fraser St. in Welland.

"Someone just driving around noticed the lot was abandoned," he said about how it started.

Similarly, a closed cburch in Dain City was donated to Habitat, which tore it down and replaced it with a house.

Sometimes a municipality or a developer may have an odd-sized lot that seems to have no practical use, said Davis.

Continued on page 7

PelhamNEWS
Published by PelhamNEWS
Osprey Media Publishing Inc.
228 East Main St., Welland, ON L3B 5P5
Tel: 905-732-2411 ext 246 Fax: 905-732-3660
e-mail: pelhamnews@wellandtribune.ca
advertising: tribcomp@wellandtribune.ca
Ken Koyama
PUBLISHER, GENERAL MANAGER
Wayne Campbell, EDITOR
SUN MEDIA
A Quebecor Media Company

comment

perspective

Wayne Campbell
EDITOR

O no, Canada

I take more than a passing interest in patriot symbols and songs. So a line in the federal throne speech about changing words to O Canada caught my attention. Apparently it caught the attention of a lot of people.

Two days after it was suggested with all the pomp the Governor General could present, it disappeared in a Friday statement by the Prime Minister's office.

The laughter and outrage the suggestion aroused showed the Conservative government how easily a little suggestion of tinkering can get out of hand.

The Conservatives suggested changing "all our sons command" to something gender neutral.

Many Canadians, including myself, saw it as a distraction from the real economic, social and international problems facing the nation.

A debate over the national anthem had the potential of wasting time, money and resources arguing over something minor.

Those old enough to remember – or have read about – the great flag debate of the 1960s, which gave us the Maple Leaf flag, will recall it turned into a blooming mess.

Debates over symbols can get just as ridiculous as barroom brawls over who is greatest hockey player.

Our Conservative MP Dean Allison should be thankful common sense prevailed last week.

Otherwise, he would find himself arguing over not only the suggested change to something gender neutral in the English version of O Canada but also an overhaul of the French version.

Its wording is nothing close to the English version and open to all sorts of cultural interpretations. Who needs the hassle

Niagara Cultural Plan bold step

Brian Baty
REGIONAL VIEW

Completion of a Niagara Culture Plan has been a long process involving extensive and thorough public consultation. The journey began during the last term of council under the leadership of St.Catharines Regional Coun. Judy Casselman.

Earlier discussions showed that the cultural sector in Niagara is fragmented by location and by sectors such as: music, visual arts, dance, heritage, recreation and ethnicity. The creation and adoption of the Niagara Culture Plan is a bold step in the recognition of the impact of culture on our community and on our economy.

Imagine in Pelham alone, trying to get a group of people to define what culture is and setting out to document where every single piece of evidence of culture exists in our community.

Explode this task to include the entire Niagara Region and you get a sense of the enormity of this project. Yet, that is what this army of volunteers did. They made a presentation to Council in November 2007 to demonstrate their findings.

That led to the proposal to hire a consultant to build a Culture Plan based upon the preliminary asset base and work of the volunteer committee. This group has supported specific initiatives such as the development of a Niagara tartan used by the Niagara Regional Police Services Pipe Band, support of the artsVest Niagara Public Art Program, the historic designation of the Welland Canals and the approaching Bi-centennial of the War of 1812.

Continued on page 5

Benjamin Moore
Benjamin Moore
Fonthill Paint & Decorating
For all of your Decorating Needs
NOW BOOKING!
Residential and Commercial Painting Services for 2010.
Hurry and book in order to take advantage of the
Home Tax Renovation Credit!
64070706
96 Hwy 20, Fonthill (beside Sobeys) 905-892-9977 • e-mail fpaintanddecorating@cogeco.net

Air Cadets back commission change

This letter is concerning *The Tribune* report about the Niagara Central Airport.

I am Area Vice Chairman for the Niagara Region, Air Cadet League of Canada, Ontario Provincial Committee. My responsibility is to monitor and assist, along with my directors, the region's nine air cadet squadrons civilian sponsoring committees.

COPA Flight 149 wholeheartedly believed that by dealing with my self as area vice chair for the cadets, they were keeping the Squadron appraised of their intentions, and that they (sponsoring committee) were supportive of the flight's goals as to changes within the commission, even though no presentation was made to the parent council.

In my capacity as vice chairman, I was fully aware and supportive of Flight 149 and its request of the changes to the commission.

My concern was for the Squadron and a request that they had made in 2008 to the commission and the lack of response that they received to that request.

The Squadron had made a presentation to the airport committee in the fall of 2008 and at that time were in discussions with several organizations for grants. Unfortunately, any grant funding would not be forthcoming unless a renewed lease was in place.

They still do not have their renewed lease and as a result are holding off the needed improvements to the building until such time it is received.

I spoke to Ward Coun. (Debbie) Urbanowicz in August 2009 a the Thorold regional meeting where COPA Flight 149 made a presentation to council concerning the airport.

In my discussion, I made mention of the fact that 87 Squadron was waiting for a renewed lease and that the gossip surrounding the airport was a cause for concern to all.

She assured me that the Squadron is a very integral past ot the airport and the committee was certainly very much in favour of keeping the cadet group in place at Niagara Central.For this we are certainly very grateful. The Squadron takes great pride that it is one; of only four, that are still operating on an active airfield in Canada.

The sponsoring committee has asked numerous times as to when they might expect the lease. The answer they received is the same that I was given by Coun. Urbanowicz in August of 2009.

The committee is studying the numerous reports that they commissioned and have stopped any and all improvements, leases and changes to the airport until they have decided on a direction they wish to take.

Continued on page 5

NRP, region get together

Dave Augustyn
MAYORAL VIEW

You will recall that in October I wrote about how the Niagara Region and the Niagara Regional Police are now working together for the benefit of all residents, visitors and taxpayers.

I wrote then about how a joint police-regional plan was being developed. The plan was intended to provide the police with the appropriate and best facilities that they need for effective and efficient policing.

The plan also needed to allow for better managed financing – more respectful of your regional property tax investment. Finally, the plan called for planning issues to be solved and potential partnerships to be solidified.

Well, another step in the plan began last week as regional council and the Niagara Regional Police Board met jointly to discuss sites for the proposed new police headquarters and new district HQs for St. Catharines and Niagara Falls.

Cooperation was evident from the meeting's outset. Members of the police board sat among regional councillors. The police board chair Larry Iggulden, sat next to Regional Chair Peter Partington. Police Chief Wendy Southall sat next to the region's chief administrative officer Mike Trojan. And police and regional staff on the joint committee offered the same recommendations to both council and the police board.

But, why did we meet "in camera" (which in Latin means "in private")?

Generally, the Ontario Municipal Act allows for Councillors to meet in camera for three major items: land, legal, and labour. That means, when we discuss the purchase or sale of a specific property, or labour / union matters, or any specific legal matters, we can bold the discussions in private so that the decisions of council are not jeopardized.

In this specific case, for instance, we discussed the more than 25 sites across the Region that have the potential to be purchased for new police facilities.

Continued on page 5

MAYORAL VIEW

Why we went in camera

CONTINUED FROM PAGE 4

We met "in camera" so that the owners of those properties would not increase their prices.

Like with a home purchase, if you know that someone really, really wants to buy your property, you might be tempted to increase the price or add conditions to the sale.

Discussing the matter confidentially helps to protect the tax-payer and to keep specific property prices in check.

You may contact Mayor Dave Augustyn at mayordave@pelham.ca or read past columns at www.pelham-mayordave.blogspot.com.

REGIONAL VIEW

Four strategic directions

CONTINUED FROM PAGE 4

Significant community engagements have taken place. A Cultural Forum was held last July. That was followed by sectoral workshops in October and November along with an open house in November.

Also, a contest named, "My Niagara" was created to further engage residents' participation by asking for photos or videos of what Niagara looks like to them.

This included entries on the website and Niagara Culture Facebook page. These images are to be displayed in the Niagara Regional headquarters and used to decorate the pages of the Niagara Culture Plan.

The Ministry of Culture has been impressed by this public communication process and plan to demonstrate the Niagara story as best practice for other communities undertaking a municipal cultural plan.

There are four strategic directions to the culture plan that can be summarized under the following: economy, places, people and identity.

Under each strategic direction there are strategic actions which will help in their implementation. The creative economy direction included actions that will assess the value of culture to the economy, develop an investment strategy, strengthen the workforce, and cultural clusters.

The creative places direction includes actions that will develop policies to support cultural spaces and facilities, tools to implement them and the inclusion of public art in Niagara.

The creative people direction includes actions to engage the community to promote cultural representatives in decision-making and refine the work of the culture committee.

Finally, the creative identity direction includes actions to promote a shared identity, market Niagara as a cultural destination, recognize and celebrate culture and facilitate cultural learning.

Further information on this exciting initiative is available at the region's website, www.niagararegion.ca or through staff at the Integrated Community Planning Department.

Brian Baty is a Niagara Regional Councillor for the Town of Pelham brian.baty@niagararegion.ca

LETTER

Worried about sitting and waiting

CONTINUED FROM PAGE 4

It is my concern that this committee will still be deliberating into the rest of this year and certainly next as well, without any clear and concise direction for the airport and its tenants.

I find it ironic that in a time when our youth are in need of direction and opportunities, one of the best squadrons in the Niagara Region must sit and wait again for a new commission (after fall elections) to set up and maybe complete their paperwork.

James Morrison
AVC Niagara Region
Ontario Provincial Committee
Air Cadet League of Canada

Ask the HEALTH EXPERT

DR. W. GIFFORD-JONES, MD

"MYO-MED is going to ease a lot of PAIN"

"Where can I get another tube of MYO-MED?" a tennis friend asked me. I'd given him a sample of this cream when his arthritic knee kept him from playing tennis for several months. Now he was back in the game. So how does this new all-natural, toxin-free analgesic help painful joints? And why is it safer than other over-the-counter painkiller creams?

Today, 21 million North Americans suffer daily the agony of arthritis. Others see their quality of life diminished by sports injuries, backache, sore muscles and the ravages of aging joints.

Customary treatment has been the use of non steroidal anti-inflammatory drugs. Unfortunately, too many people take these over-the-counter medications thinking they're as safe as M and M candy. But every year 25,000 North Americans die from gastrointestinal complications due to this self-prescribed remedy. It's a huge price to pay for pain relief. MYO-MED eliminates this problem. To my knowledge, no side effects have been reported by using this natural cream.

But how is MYD-MED different from other over-the-counter painkillers? Remember that, due to increasing drug complications, it's important to know what a medication does not contain.

Today there are 300 different topical analgesics available in North America. But 90 percent of these painkillers contain methyl salicylate. Excessive use of this substance over a period of time has been associated with serious health problems and in rare cases can be fatal. MYO-MED does not contain methyl salicylate and is the only all natural and toxin-free cream available.

MYO-MED consists of a combination of six anti-inflammatory ingredients proven to be effective in relieving a variety of painful conditions such as arthritis, bursitis, tendonitis and carpal tunnel syndrome.

One of the main ingredients is cetylated fatty acids. These are naturally occurring compounds that help to reduce inflammation, pain and increase mobility. Another ingredient, Bryonia Alba, is a vine-like plant native to the woods of Europe. It's particularly effective for the pain associated with motion. It's helpful in the treatment of neck, back pain and those suffering from fibremyalgia.

MYD-MED also has what's called a "Nano Delivery System". It's a process that quickly carries these six anti-inflammatory ingredients deep into affected muscles and joints where they're needed, providing relief in minutes.

But how good is MYD-MED in easing pain? Researchers at the University of Connecticut carried out double-blind studies to test it's effectiveness. One group of patients, suffering from osteoarthritis of the knee, was treated with MYO-MED. A similar group received a placebo cream. But neither doctors nor patients were told which cream was the real McCoy. Thirty minutes after applying the cream, patients were tested to see how their disability was affected. How far could they flex a knee before it became painful? How well could they get up from a chair? How much time did it take to go up and down 11 steps? And how good was their balance?

Patients were then advised to apply their creams twice a day for 30 days. Both groups of patients were also provided with nutritional guidance to ensure neither group gained weight during the trial period.

Researchers found that patients using MYO-MED noticed better function after 30 minutes. Further improvement occurred over ensuing 30 days. Patients could flex knees better, needed less time to navigate stairs and rise from a chair. They also showed improved balance, strength and physical endurance.

"I recommend it to my patients that suffer from arthritis" Clinically proven and safe for daily use. Arthritis, tendonitis, muscle strain, back pain. Penetrates deep through the dermal layer, attacks inflammation and speeds healing.

The Healthy Cupboard presents... Ask the Expert

Special Guest JOHN THOMPSON
CEO Pro Rep Store
(Canadian distributor of Myo-Med)

NEWSTALK 610 CKTB with host: TANYA BIRRELL

This Saturday Mar. 13, 2010 12pm to 1pm

PORT COLBORNE
494 STEELE ST.,
Portal Village Plaza
905-835-9806

The Healthy Cupboard
healthycupboard@gmail.com

FONTHILL
111 HIGHWAY #20 E.
Across from Sobeys
905-892-9054

64080083

"LOSE THE PAIN" MYO-MED
SAVE $3.00
WITH THIS COUPON. EXPIRES MARCH 31/2010.

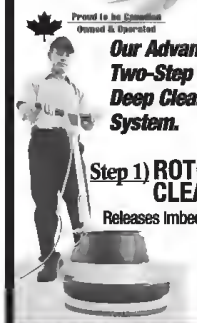
all CLEAN cleaning services

CARPET CLEANING
Winter Savings!

Proud to be Canadian Owned & Operated

Our Advanced Two-Step Carpet Deep Cleaning System.

25% OFF TEFLON PROTECTION



Step 1) ROTO CLEANING
Releases Imbedded Soil

Step 2) STEAM CLEANING
Rinses and Extracts

• Enviro-Friendly Products
• Customer Satisfaction Guaranteed
• Over 25 Years Experience
• Free Deodorizer

Port Colborne, ON
Serving the Niagara Region
905-834-4499
Trusted Professional Carpet Cleaning and AirDuct System Cleaning Services

64065243

House Special
SAVE $60
• Living Room • Dining Room
• Adjoining Hall & 2 bedrooms
UP TO 800 sq.ft.
Reg. $160.00
$99.95
Expires March 31/10

Carpet Cleaning
SAVE $20
• Living Room • Dining Room
• Adjoining Hall
UP TO 350 sq.ft.
Reg. $80.00
$59.95
Expires March 31/10

Upholstery Cleaning
SAVE $20
Sofa & Chair
Reg. $90.00
*Extra charge for loose cushions & delicates.
$69.95
Expires March 31/10

JOY IS NOW CLOSER THAN EVER.

THE 2010 BMW 323i FOR $323.

BMW EfficientDynamics
Less emissions. More driving pleasure.

ULTIMATE MARCH SALES EVENT

LEASE OR FINANCE FROM 1.9% UP TO 60 MONTHS*

LEASE PAYMENT $323 $6,546 DOWN PAYMENT

OFFER INCLUDES No-charge 6-speed Automatic Transmission with Steptronic® $1,600 Value†

Down Payment includes Freight & PDI, A/C Tax, Fuel Tax, OMVIC Fee, Tire Stewardship, PPSA, and Admin Fees. PST, GST, and Licence Fee are additional.

4 Year / 80,000 Km No-Charge Scheduled Maintenance

64093797

Performance BMW
266 Lake Street
St. Catharines, ON
(905) 934-CARS
www.performance.bmw.ca

CRIME STOPPERS

MNR seeks hunter info

For PelhamNEWS

Between Nove. 17 and 18, conservation officers from the Ministry of Natural Resources attended Short Hills Provincial Park in St. Catharines.

The officers discovered evidence of illegal hunting taking place at this location. Suspect(s) had maintained observation of the area while sitting on folding chairs and also put out salt blocks to attract deer.

A deer carcass was discovered in a remote area of the park which had obviously been left behind after being skinned. Short Hills Provincial Park is frequently used by the public for its cycling and nature paths.

Although deer hunting season is from Oct. 1 to Dec. 31, hunting within the boundaries of the park is strictly prohibited all year. The Ministry of Natural Resources is guided by various legislation, including the Fish and Wildlife Conservation Act and Criminal Code of Canada.

The public is reminded that trespassing or possessing a firearm for the purpose of illegal hunting carries a penalty of $25,000 and a jail term of up to 2 years upon conviction.

Anyone with information about this illegal hunting is urged to contact the Niagara Regional Police Service at 905-688-4111. To leave an anonymous tip or information, please contact Crime Stoppers toll free at 1-800-222-TIPS (8477) or 1-877-TIPS-MNR.

Calls are not electronically recorded or traced, and Crime Stoppers does not subscribe to call display. Crime Stoppers can also be accessed on the Internet at www.crimestoppersofniagara.com or through mobile texting by sending a message to CRIMES (274637) with the text reading; NIAGARA and then the message

Diabetes isn't just about sugar.

We can help you avoid simple things that put your family at high risk.
Call a Registered Dietitian for free.

EatRight Ontario 1-877-510-510-2

ontario.ca/eatright

Ontario

Paid for by the Government of Ontario

84085784

■ COUNCIL

Habitat can adjust plans to the lot size

CONTINUED FROM PAGE 3

Habitat has standard house plans but it can alter them to suit the site.

The lot has to be adjacent to sewer and water services, he said. Outside that Habitat is willing to look at anything.

It is only after the land is available does the process begin to find the right family, Davis said.

Habitat doesn't want people on a waiting list hoping for something.

"That's why it begins with the land."

For information see www.habitatniagara.ca or call 905-685-7395.

■ ARMY CADETS

613 Lincoln and Welland on the mark

ForPelhamNEWS

The 613 Lincoln and Welland Regiment Army Cadets had a very successful February.

The cadets recently finished first in a local marksmanship competition held at the Lake Street Armoury.

On Saturday Feb. 20 the five person team attended the Lake Street Armoury to participate in a local marksmanship competition.

Five cadets and one spare were amongst 13 teams consisting of Air, Army and Sea Cadets from the Niagara Region.

The cadets competed in a day long competition, and at the end received 1stplace overall.

As well as winning first place, Cpl Matthew Weeks won top junior and top overall shot in the competition.

Cpl Alexandra Barden also was awarded a 2nd place medal for finishing 2ndin the junior division and a 3rd place medal for overall shot in the competition.

"Congratulations to all on a job well done". The team is now waiting to hear if their results qualify them for the provincial cadet marksmanship competition.

■ RECIPE: An energizing treat

Beautiful breakfast bars

Packed full of wonderful flavours and fantastic textures, these bars will energize and satisfy the heartiest of appetites.

They make a great breakfast or snack and they freeze beautifully which is helpful for smaller families.

Ruth Nixon
WHISKING WITH RUTH

Beautiful Breakfast Bars

Yield: 20 Bars

Ingredients

- Cooking spray
- 2 cup quick cooking rolled oats
- 1 cup flax seeds
- 1 cup toasted wheat germ
- 1/2 cup whole-wheat flour
- 1 cup dried apricots, chopped
- 1 cup raw almonds, chopped
- 1 cup dried cranberries, chopped
- 1 cup pitted dried dates, chopped
- 1 cup powdered nonfat dry milk
- 1 teaspoon ground cinnamon
- 3/4 cup pure maple syrup
- 1 tsp maple extract
- 3 large eggs

Directions

Preheat the oven to 350 degrees F. Coat a 9 by 13-inch baking pan with cooking spray.

Place all ingredients except the syrup, extract and eggs in a medium sized bowl and mixed well. Add the syrup, extract and eggs and stir until the mixture is well combined.

Transfer to the baking pan and spread evenly. Use a piece of wax paper or parchment to help spread. (A ziplock bag over your hand that has been lightly sprayed with cooking spray also works well!)

Bake until just done, (golden around the edges and firm, but not hard in the centre), about 25 minutes. Cut into 20 squares.

PelhamNEWS

Pelham News is a member of The Ontario Community Newspapers Association

54033019

THE Whisk & Ladle

Spring Cooking Class Schedule To Be Announced Soon!

Thai Classes, Vegetarian Classes, Cooking 101 and many more!

Also Soon To Be Announced: SPRING KIDS' COOKING CLASSES!

Keep an eye on our upcoming ads and our web site for more information.

thewhiskandladle.ca

NEW HOURS: Tuesday - Saturday: 10 am to 5 pm • Sunday: 12 noon to 4 pm

306 CANBORO RD. LOCATED IN THE SHOPPES OF RIDGEVILLE 905-892-9262

54088193

Better Health is Just Around the Corner...

Natural Herbal Sex Enhancer

How are your energy levels and stamina these days? There are some excellent natural remedies available. The benefit of natural herbs is that they help your body to heal itself and they do not have unwanted side effects.

Maca root is grown in the Andes highlands of Peru. Cultivated since pre-Incan times, it is prized for its nutritional and medicinal properties along with its reputation as a powerful aphrodisiac, energy enhancer and hormonal balancer. Maca is rich in nutrients, containing 31 different minerals, amino acids, antioxidants, alkaloids and sterols. Known as an "adaptogen" Maca helps your body resist disease. Maca also...

- Increases your libido and improves sexual stamina and sexual function.
- It promotes hormonal balance
- Maca helps to effectively relieve the symptoms of menopause.
- Increases resistance to disease and helps to strengthen your immune system.
- Increases energy, endurance & stamina.
- Helps to reduce stress levels and improve your sleep quality.

For men, Maca is known as a "natural sex enhancer." The peoples of Peru have used Maca root as a natural libido enhancer and reproductive aid for thousands of years.

For women, Maca is used to treat health problems – from infertility and menstrual dysfunction to menopausal difficulties. Nowadays, naturopaths and clinicians promote Maca as a very safe and effective alternative to hormone replacement therapy, to balance hormones and improve sexual function.

MacaSure is made from the finest organic Maca roots. MacaSure is ideal for both sexes to increase energy, to help balance hormones and enhance sexual function.

120 caps Sale.....$31.99

ChlorEssence

ChlorEssence is a complete storehouse of rich nutrients. It contains vitamins, minerals, fibre, chlorophyll, enzymes, antioxidants and phytonutrients. Studies show that regular use of chlorella reduces high blood pressure and helps to prevent strokes and normalize blood sugars levels

150 caps Sale.....$23.99

Salba is Very Good

Salba tastes great and it's good for you, too. Salba is low in carbohydrates, high in protein and it has a long list of essential nutrients. Sprinkle Salba on almost everything you eat and enjoy! It's nature's most powerful wholefood. Salba can enhance your health and vitality. It's the perfect nutritional food.

180 grams Sale.....$10.99

Would you like some really delicious chocolate?

You gotta love good chocolate. And we can't think of a better way to eat chocolate. Maca is renowned for its ability to reduce stress, balance hormones, increase energy and enhance your libido. Now you can have certified organic, nutrition-packed maca in a sexy, silky, sinfully delicious dark chocolate bar! A healthy 4000 mg of Maca per bar in 70% cocoa. Yummy.

Each bar Sale.....$2.29

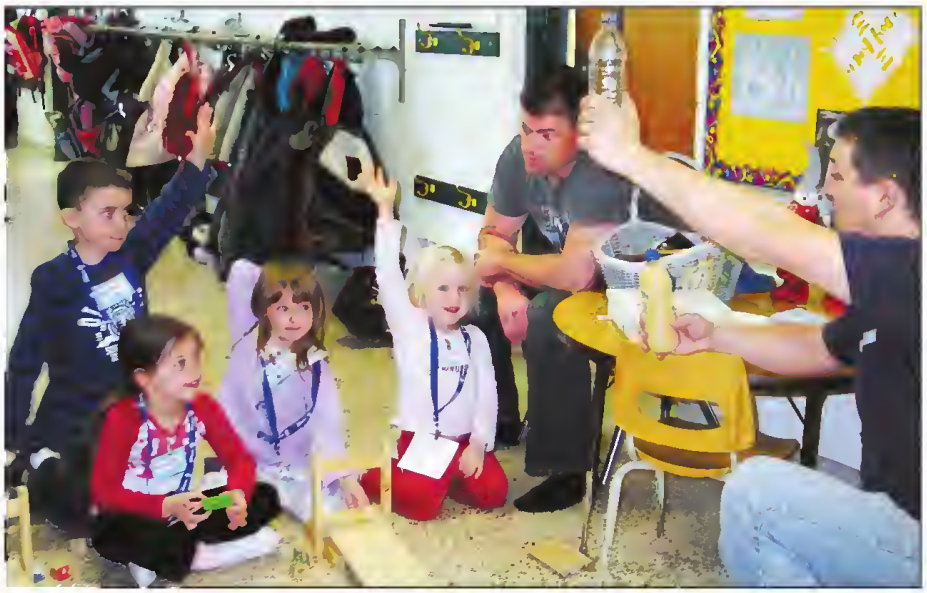
Hurry in... This sale ends March 31st

Rosemary's Natural Choices

Rosemary's Natural Choices
95 Lincoln Street • the corner of Prince Charles Drive in St. Charles Plaza • one Block South of Pupos
Welland • (905) 714-0586
www.rosemarysnaturalchoices.com

Information is provided for reference only. For your specific health questions, please visit your local natural health practitioner.

54079188



WAYNE CAMPBELL Staff Photos

Glynn A. Green public school kindergarten students Brendan Grenville, left, Katherine Brettell, Natasha Bronn and Rebbecca Mako learn about the science of inclines -- steeper the incline faster the speed -- from parent volunteers Steve Buttner and Ian Bruce. It's part of a Scientists in Schools program. In a series of activities using simple machines the students learn the scientific principles behind gears, levers, wedges and inclined planes. The students are in teacher Patti Parker's class.

EDUCATION: Scientists in Schools show machines

Heather Birch of Scientists in Schools from St. Catharines shows kindergarten students Natasha Bronn, left, and Rebecca Mako the science of balance demonstrated on teeter-totters. In a series of activities using simple machines the students learn the scientific principles behind gears, levers, wedges and inclined planes. They are in teacher Patti Parker's kindergarten class at Glynn A. Green public school in Fonthill.

If you wait too long to plant your tree where will you hang your hammock?

The longer you wait to make your RRSP contributions, the less time your money has to grow.

Call today to find out how The Plan by Investors Group™ can help you prosper now...and over time.

JANET BRADLEY, Consultant
janet.bradley@investorsgroup.com
(905)374-2842
1-888-407-0464

The Plan by Investors Group
Investors Group Financial Services Inc.

64080322

We'll give you something to **SMILE** *about!*

• Full & Partial Dentures • Emergencies & House Calls
• Free Consultation • Upper & Lower Dentures
• Same Day Repair & Reline Service Available

Norbert Gieger D.D.
188-A West St. Port Colborne
905.835-2155

64077490

ADVERTISEMENT

DENTURES: Things Every Denture Wearer Should Know:

DID YOU KNOW?

- You should not wear loose dentures. Loose dentures can cause excessive friction and pressure toward the gum tissues and bones, resulting in painful sore spots and bone shrinkage. Have them checked.
- Dentures can warp if placed in hot water.
- Dentures can change shape if they dry out. When not in use, cover dentures with (room temperature) water or a denture-cleaning solution to prevent them from drying out.
- Dentures should be brushed inside and outside daily with a soft, large nylon denture toothbrush with round-ended bristles. Use denture creams instead of toothpaste, which is too abrasive and will scratch your denture. Rinse with cold water.
- Your mouth is constantly changing. Inspect your denture regularly for worn teeth and cracks.

  Be sure to visit your denturist regularly as part of your recommended check up schedule.
- Some medications can affect denture fit and wearability so be sure to discuss this with your doctor and dental professional.
- Only your dental professional is qualified to diagnose your oral health and adjust your denture or partial.
- Worn and stained dentures can make you look older and cause your dentures to function poorly.

When was the last time you saw your Denturist?

Call For FREE Consultation

905 788-9676

3-547 Thorold Rd., Welland
Corner of Thorold & South Pelham

DAN GRABOWSKI DD

64083197

Do you know someone who would like to receive the Pelham NEWS by mail?

The Pelham NEWS
Now Available by Mail
EVERY WEEK!

Subscribe for:
$25.00 for 6 months
$49.00 for 1 year

64072188

FEDERAL BUDGET: Back to work in Ottawa

Local MPs split views

PelhamNEWS Staff

Dean Allison, Conservative MP for Niagara West Glanbrook, sees a number of items in last week's federal budget that will benefit Niagara.

"We will continue our spending on infrastructure improvements," he said from his Ottawa office after the budget was read by Finance Minister Jim Flaherty.

Pelham has two major reconstructions of Haist St. and Pelham St. slated for this year that are to receive infrastructure funding.

A freeze will remain in effect on employment insurance rates which, he said, will benefit small businesses in the riding.

Similarly, tbe Conservative government will continue to lower the corporate tax rate, which will help small businesses bringing it down to 11 per cent for those with earnings under $500,000.

For the homeowner, he said, a retrofit program will continue.

"It will extend a popular program allowing energy-saving improvements that will also be good for the environment," he said.

Allison said the government is putting $90 million into border access measures that among other things will improve screening for NEXUS, to ease border crossings for businesses and workers.

The federal budget has set $16 million aside for Great Lakes cleanup, Allison said. It will continue work begun to reduce industrial damage done to the lakes such as high levels of PCBs in the Niagara River and chemicals in Randal Reef in Hamilton Harbour.

For Pelham in particular, funding will continue for the Southern Ontario Development program which, Allison said, has stirred interest among Pelham business people.

This year's federal budget is "an absolutely, backward-looking budget," Welland's NDP MP Malcolm Allen says.

Sbortly after tbe budget had been announced Thursday, Allen spoke with The Tribune while still trying to digest the books of information that include budget highlights and the full budget breakdown — the "mountain of stuff to go through" that only fell in his hands at 4 p.m.

At this point, he said, there doesn't seem to be anything in the budget that is good news for unemployed workers about to run out of employment insurance benefits, for seniors' pensions that have forced many to live in poverty or any funding to tackle homelessness witb more affordable housing dollars.

Despite the government claiming to be open to ideas for the federal budget, Allen said it was hard to spot any new funding or any plans to target the areas of most need.

"People are worse off than they were 15 years ago," he said. "This is just not a budget that brings joy to folks in our riding."

The government is moving ahead with its Canada's Economic Action Plan, what last year's federal budget had been named, as a two-year plan to pull Canada out of the recession. This budget will continue to roll out stimulus spending previously announced.

On top of the $37 billion in economic stimulus funding spent last year, the new budget outlines the specifics of the additional $19 billion that is to be spent this year. It will be topped up by funds from the province and municipalities.

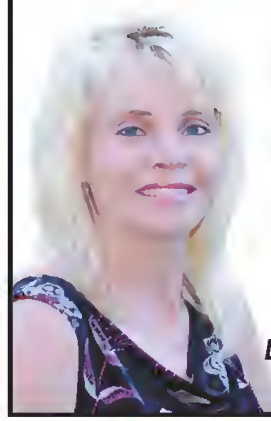
While the government states $4 billion of the $19 billion will be used for extending EI benefits to more people for longer and to training opportunities, this is just keeping in status quo with last year's announcement, said Allen.

And, much of the $4 billion in funding will be used to extend the work-sharing program — a program that is not new, but is getting more use by companies, he said.

OPENING SOON
Friday March 19th
Gallaghers
Farm Market & Garden Centre
• 8AM TO 7PM OPEN 7 DAYS A WEEK
"GREAT TASTING TOMATOES!"
Ontario Tomatoes Now In
www.gallaghersfarmmarket.com
346 Hwy 20 West, Fonthill (Beside E.L. Crossley S.S.)
905-892-0698
64092415

GLENMOUNT
MONUMENT BUILDERS
You don't have to order your memorial stone from pictures in a catalogue. Come to Glenmount, the largest memorial design facility in the Niagara Region and choose from over 200 granite monuments and markers in stock. Only Glenmount can offer you Rock of Ages Memorials, premium quality products made in Canada by Canadians. Choose a monument builder who has carved memories into stone for more than 50 years.
3114 Hwy 3 East
Port Colborne
905-834-9587
ROCK OF AGES
301 Aqueduct St.
Welland
905-735-9717
Inventory Clearance Sale - Save 10 to 35%
Stonecraft Since 1951 www.Glenmount.ca
64066930

2008 Award of Excellence
Placing Rina one of the very TOP PRODUCERS across Canada
2009 Diamond Award
Placing Rina in the TOP 3% of the Residential Market
22 Years of Award Winning Real Estate Sales



In Today's Market... Experience Counts!
call Rina Trepanier
Sales Representative
Your Real Estate Professional
905-892-0222
Direct 905-980-1199
www.royallepage.ca/rina
ROYAL LEPAGE
Niagara Real Estate Centre, Brokerage
64086113

For days like today™

COOL SAVINGS for MARCH BREAK!

Whatever you do, we're here for you

save 60%

Chelsea single-handle faucet.
8" pull-out spout. Two-function spray/stream. With soap dispenser. 63-8001-0.
Reg. 199.99. **79.87**
danze

save $70

EasyShare M340 10.2MP digital camera.
3X optical zoom. 69-4695-0. Reg. 169.99. **99.94**

save $10
As Seen On T.V.

Magic Bullet Single Shot 12-piece set.
Multi-function blender chops, minces, grates, blends, whips and grinds in seconds. Easy to operate.
43-1733-8. Reg. 39.99. **29.99**

save 40%
2 Year Warranty

Fully automatic battery charger.
10A charge and 2A trickle charge.
11-1567-0. Reg. 64.99. **38.99**

save $20
EXCLUSIVE!
A greener tomorrow starts today
Shark®

Deluxe steam mop.
Cleans without chemicals! 25" cord, includes 5 mirofibre pads. Safe on sealed hardwood, laminate, linoleum, tile and more. 43-6332-2. Reg. 99.99
$79.99

special buy
$1.99

Clothes hangers.
10-pack.
Sorry, no rainchecks.
99-4405-0.

1/2 price
$9.99
anchor

8-piece round glass storage set.
Nested design for easy storage. 42-2024-2.
Reg. 21.99. Set **9.99**

Motomaster hydraulic trolley jack.
MOTOMASTER
2 fixed and 2 swivel wheels. Carry handle for easy manoeuvrability.
09-1039-6

$25.49
Always use jack with axle stands, and stand in pairs

save 60%
Hero strip mop.
Use to clean up every day messes.
42-9477-2.
Reg. 6.99.

$2.79 each

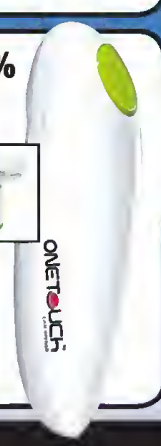
save 55%
Zircon StudSensor.
Detects wood, metal and studs. 57-4502-8.
Reg. 19.99

$8.99 each

COOLING SYSTEM SERVICE
MAINTAIN COOLING EFFICIENCY AND SYSTEM COMPONENTS.
save 20%
INCLUDES:
- Evaluation of cooling system with written report
- Pressure test of system
- Drain or pressure flush system to remove debris and old fluid
- Installation of warranty-approved antifreeze.

AUTOSERVICE • Industry-licensed technicians • Quality service • Parts and repairs for all makes and models.

save 50%
One Touch™ can opener.
42-1801-2.
Reg. 19.99



$9.99 each

WELLAND
158 PRIMEWAY DRIVE

CANADIAN TIRE

905-732-7501
HOURS: MON TO FRI: 8AM TO 9PM
SAT: 8AM TO 6PM • SUN: 9AM TO 5PM

64083386

EDUCATION: Taking it to the schools

Crossley grad introduces students to reptiles and amphibians

KAESHA FORAND
Tribune Staff

PORT COLBORNE — Teala Tyson's master's degree thesis isn't your typical stack of thick paper filled with research.

Half of her thesis is based on traditional research, while the other half is based on an educational outreach program for local elementary school students.

Thanks to funding from the TD Friends of the Environment Foundation and Ontario Power Generation, she is able to take volunteers from Port Colborne High School and Eastdale Secondary School and mentor them to give native wildlife presentations to elementary school students.

"This new after-school program, targeted at students with a passion for wild animals, wild spaces and outdoors activities, will give students a unique environment to learn about post-secondary opportunities in science, particularly biological sciences, and develop career-building skills at a young age," Tyson says.

The project's idea came from her experience with the University of Guelph's wildlife club.

"I was really passionate to to do something with the community," says the 24-year-old Fonthill native who attended E.L. Crossley.

"The more I started doing research in the lab I realized it wasn't what I wanted do to for the rest of my life."

Her master's researcb in zoology at the University of Florida includes a minor in science education. She used connections she made through the University of Guelph wildlife club to teach the group of volunteers.

Special speakers Wayne Weller, an amphibian and reptile expert from Ontario Power Generation, and Jeff Hathaway, co-founder of Sciensational Sssnakes, spent time with students to teach them about snakes, turtles and careers in biological sciences.

Through this program, students learn about Ontario amphibian and reptile species identification, species at risk classification, knowledge of animals' habitats and local conservation efforts; proper care and handling of snakes and other skills.

Tyson partnered with the Education Foundation of Niagara and about 12 students from Port High and Eastdale who will take part in four hours of advance training, group practices and dress rehearsals before they visit local elementary schools to give 45-minute presentations, followed by 20 minutes of handling time.

"The earlier you can engage (youth), the more staying power it has. More adults can care about environmental issues and environmental restoration."

Tyson would like to develop additional educational programs. She is in the process of booking visits at elementary schools in Welland, Port Colborne and Wainfleet and for community groups on March 30, 31, April 8, 9, 12, 13, 14, 15 and 16. Presentations are ideal for Grades 6 to 8 and can be booked by contacting Tyson at 905-899-6106 or by e-mail at tealatyson@ufl.edu.

SHORTHILL'S
RETIREMENT Villa COMMUNITY
In Downtown Fonthill, Ontario
A Big Decision... Simple Answer.

Open House
Daily 9-4
$1650 per month
Our new addition is complete,
Visit us today for your personalized tour.

Located in the charming community of Downtown Fonthill, between the cities of Welland at St. Catharines.
Close to all amenities!

We offer:

- Beautiful, spacious independent living accommodations with 24-care service. All-inclusive studio, one & two-bedroom suites – couples welcome!
- Fully-planed home-cooked delicious & nutritious meals.
- Caring Registered Nursing Staff provide all levels of senior care.
- Health advancement through an individualized physiotherapy program.
- Activity recreation programs.
- Fun gamas, exercise programs and craft rooms.
- Lovely surrounding gardens... and much more!

Call today to arranga your visit to our comfortable family-owned homa.
905-892-5094
1532 Pelham Street North, Fonthill, Ontario
www.shorthillsvilla.ca info@shorthillsvilla.ca
64078511

FONTHILL LOCATION ONLY
GIANT TIGER
MARCH MADNESS
Friday, March 12th to Sunday, March 14th 2010
GIANT TIGER
YOUR ALL CANADIAN FAMILY DISCOUNT STORE

Forever Green Storage Bags
"Keep Fresh Longer"

$4.97

12 oz. Mini Carrots
Product of USA No. 1 Grade

$1

Whole Mushrooms
Product of Ontario 227 g.

$1.27 Reg. 1.77

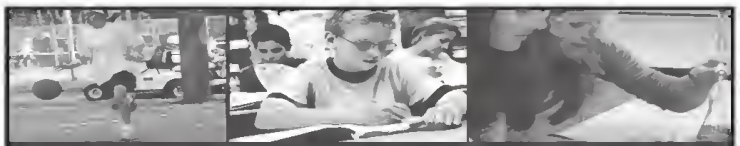
3 lb. Bag Bananas
Product of Honduras

$2

Sweet Mixed Peppers
4-pack. Product of Mexico
No. 1 Grade

$2.97 Reg. 3.97

ONLY AT... #20 HWY 20 FONTHILL
Fonthill Shopping Centre
GIANT TIGER
Pelham St
Hwy 20
64089395



THE TRIBUNE PRESENTS...
SOUTH NIAGARA
2010 SEARCH FOR GREAT KIDS
Kids

THE TRIBUNE
making a difference... daily

The Search Is On...
Nominate a Great Kid Today!

6 Finalists will each receive a $500 RESP compliments of Meridian CREDIT UNION

NOMINATION FORM
DEADLINE EXTENDED TO MARCH 12, 2010 AT 5 P.M.
~~MARCH 5, 2010 AT 5:00 P.M.~~

Please provide a brief description of the nominee's contributions to their family and community as well as a brief description of the nominee's efforts in school (You may attach your description if more space is required to a maximum of 1000 words)

Name of Nominee
Address
City/Town
Postal Code Tel #
Age ☐ 6-12 ☐ 13-18
Category ☐ Cool to be Kind ☐ Against the odds ☐ Personal Best

NOMINATOR'S CHECKLIST
Before forwarding your nominations please ensure you've completed the following steps
Have You
✔ Signed the nomination form?
✔ Completed all sections of the nomination form?
✔ Provided a brief description of the nominee's contributions?
Nominator Name
Telephone
Signature

NOMINATOR'S DESCRIPTION

Mail or drop off completed nomination form to
THE TRIBUNE
228 East Main St.
P.O. Box 278
Welland, ON L3B 5P5

Please note: Complete nomination form, letters of support and any other materials submitted will not be returned

Judging Criteria
Nominees must be a resident of Pelham, Port Colborne, Wainfleet or Welland. Their accomplishments must have occurred within the past year. There is a 1000 word limit for all nominations. No additional material will be accepted. Judges will rate each nominee from 1-10 in the following:
- What has the nominee accomplished during the past year?
- How has this accomplishment impacted on themselves and/or others?
- Why did the nominee set out to do this?

COOL TO BE KIND Nominees will have performed a service or act of kindness, support or encouragement to a friend, family, neighbour or stranger with no personal gain for themselves. This could be an ongoing or one-time service to an individual, group or community.

PERSONAL BEST Nominees will have achieved a level of performance beyond what might have been expected. This could mean achieving a top performance overall or performance to the best of their ability. Achievements can be in any area including business, academics, athletics, music, art, writing, drama etc.

AGAINST THE ODDS Nominees will have shown great strength, ambition and dedication in overcoming a mental, physical, personal, economic or environmental challenge to achieve a goal.

Brought to you by
THE TRIBUNE
making a difference...daily
and the following sponsors:
TITLE SPONSOR
Meridian CREDIT UNION
PLATINUM SPONSOR
COGECO
GOLD LEVEL SPONSORS
YMCA NIAGARA CENTRE
Econoprint/ Welland Printing
SILVER LEVEL SPONSORS
BRONZE LEVEL SPONSORS
FLOWERS
Lincoln Way
DSBN
CLUB RICHELIEU WELLAND
Town of Pelham
Welland
Township of Wainfleet
FOOTPRINTS
Boston Pizza
City of Port Colborne
FONTHILL Sobeys Ready to serve
Conseil scolaire de district catholique Centre-Sud
WELLAND ROTARY CLUB
6405696

■ **ART:** Keith's Restaurant features Fort Erie artist

WAYNE CAMPBELL Staff Photo

Fort Erie artist Jennette Conners stands beside one of her art pieces, Point Abino lighthouse. It is one of the items on display in an exhibition at Keith's Restaurant in Fonthill. Opening reception of the two-month exhibit is on Sunday, March 14 from 2:30 p.m. to 4:30 p.m. in the restaurant's dining room.

■ **UNITED WAY:** Ultimate Five-Star Experience

Ridgeville's Judy Reid treated like a VIP for helping the United Way

MARYANNE FIRTH
Tribune Staff

WELLAND — Judy Reid lived in the lap of luxury this weekend.

The Ridgeville resident was the grand prize winner of Niagara's Ultimate Five-Star Experience contest presented by Seaway Mall.

More than 600 people entered the contest, which donated its proceeds to United Way of South Niagara, for the chance to win a VIP experience valued at more than $5,000.

Reid and seven of her close friends met at Ye Olde Squire Pub & Grill Saturday morning to begin their adventure together with some food and drinks.

The group was then picked up by a stretch limousine, courtesy of Dynasty Limousine, which whisked them away to the rest of their VIP experience.

The weekend consisted of: a VIP wine tour at Marynissen Estates Winery, a helicopter ride over Niagara Falls with Niagara Helicopters Ltd., dinner at Casa D'Oro Restaurant, hotel accommodations at Quality Hotel & Conference Centre Niagara Falls with breakfast wrapping up the experience the next day at Ye Old Squire.

Reid was "absolutely thrilled" to be able to treat her friends to the weekend of fun. She was thankful to be able to share the experience with her "great circle of friends."

One of the trip highlights, she said, was the helicopter adventure over Niagara Falls. Although all eight VIPs are from the Niagara area, none have taken the helicopter tour.

"We lucked out with the weather," Reid said, sure to enjoy the ride with the sun beaming brightly.

She said the VIP experience was a "great way to see Niagara" while supporting an important organization like United Way.

The contest helps to build awareness of United Way while promoting Niagara businesses, she said.

"It promotes Niagara, you can't put a price on that."

United Way executive director Peter Papp said the main intention of the contest was to give a fun experience to someone in the community while helping a good cause.

Talks have already begun, he said, about how to make next year's VIP contest even more elaborate.

Seaway Mall president Mike Belcastro is looking forward to watching the contest grow each year — a benefit for everyone involved.

The experience promotes Niagara businesses, supports the United Way, and allows for an unforgettable experience for the lucky winner, he said.

Taking on a contest such as the VIP experience "opens more doors" to bring donations in to the organization, Papp said.

"With payroll deductions dropping, it's a good alternative."

mfirth@wellandtribune.ca

HOCKEY: Tykes enter the tournament

Blue Dolphins jump into Pelham Cup

For PelhamNEWS

The Blue Dolphins Tyke hockey team started off the Pelham Cup with a bang. They beat the Blue Thunder 10-3.

Scoring started by the Thunder by Curtis Crysler unassisted. The Dolphins tied it up by Riley Bleich assisted by Jenna Mergl and Meagban Bachur.

The Thunder went ahead by Molly Hildebrandt unassisted. Brendan Grenville tied the game assisted by Owen Dobbie and Cade Royer.

The go ahead goal came from Owen Dobbie assisted by Isabella Song. The Dolphins scored four more goals before the Thunder put another one in.

The goals were by Brendan Grenville assisted by Isabella Song and Wyatt Gibson , Jenna Dobbie assisted by Patrick Fidler and Jenna Mergl, Jenna Mergl assisted by Riley Bleich, and Owen Dobbie scored again assisted by Cade Royer and Brendan Grenville.

The third goal of the Thunder was by Jordan Hatt.

The next three goals were by Meaghan Bachur unassisted, Wyatt Gibson scored assisted by Brendan

Grenville and the remaining goal was scored by Jenna Dobbie assisted by Jenna Mergl and Patrick Fidler.

Great defense by Hayden Karnay and Toby Drennan. Anthony Battista was the goalie for the Dolphins.

The Dolphins second game was a barn burner against the Red Dragons, with a final score of 3-2 for the Dophins. Adam Repar got the first goal for the Dolphins assisted by Evan Pooley and Josh DiRaddo. The Dolphins second goal was by Riley Bleich assisted by Patrick Fidler and Meganne Bachur and the game winning goal was scored by Jenna Mergl unassisted. Anthony Battista played excellent in net.

The Red Dragons goals were scored by Owen Metler and Josh Abbott-Tate assisted by Michael Dykstra. William Baltrusiunas played fantastic between the pipes for the Dragons.

sports

■ **HOCKEY:** Ontario championship begins after March Break

Bantam Panthers prowl after OMHA title

For PelhamNEWS

The Buckners Pelham Bantam AE Panthers are heading into the Ontario Minor Hockey Association championships, after defeating St. Mary's in a 3 game sweep with Wednesday, March 3 5-3 win.

The Panthers have won every series with a sweep and have scored a total of 54 goals in 11 games and only giving up 18.

Last week the Panthers played their third game against St.Mary's and won 5-3 on home ice!

Matthew Lewis started the night off scoring less than two minutes into the game with Sam Gazzola picking up the assist.

Five minutes later, with the score tied at 1-1, Matthew Lewis scored once again to give the Panthers the lead with Adam McCollum and Matthew Coyne receiving the assists.

The scoring didn't end there, a couple minutes later Adam McCollum scored with Billy Campbell's assistance.

In the second period, even though no goals were scored, the players still had our attention from Dryden Berketo, our goalie getting a penalty to an opposing player going out to hurt the Panthers.

The third period came with goals and a win. Less than two minutes into the third period Matthew Coyne scored his second goal of the playoffs with Matthew Lewis and Adam McCollum picking up the assists.

Only up by one goal, Tyler Young secured the win for Pelham with Calvin Overbeeke's help.

Dryden Berketo was spectacular and cool throughout the 45 minutes he played between the posts.

For the OMHA Championship, the Panthers will face off against Elmvale. The series will start at the end of March Break.

Pelham figure skaters bring home the medals to club

Daniella Montague of Grimsby, a member of the Pelham Figure Skating Club, has recently received the highest level a recreational skater can achieve. She completed all her Gold Skate Canada tests. Daniella has been skating since she was five and is taught by coach Kelly Marr Pascuzzi. She also gives credit to dance coach Brian Gula. Daniella will be attending the upcoming Gold Medal dinner.

Sharina Raskob of Fonthill, a member of the Pelham Figure Skating Club, has recently achieved her Gold Skating Skills. Sharina has been skating since she was three years old beginning with the Canskate program. She is taught by her long-time coach Carolann Woodland for freeskate and under the direction of Brian Gula for dance. Sharina will be attending the upcoming Gold Medal dinner in honour of this achievement.

WAYNE CAMPBELL Staff Photos

Kelsea Tomaino of Welland, a member of the Pelham Figure Skating Club placed third in the Senior Bronze division recently at the Starskate championships in St. Marys. This has earned her a spot a the upcoming provincial championship on March 13-14 in Kingston, Ont. Kelsea is coached by Kelly Marr Pascuzzi for freeskate and Bryan Gula for dance.

COUNCIL: Storage buildings for soccer and baseball groups

PelhamNEWS Staff

Ward 1 Coun. Jim Lane couldn't support buying two concrete buildings because two groups clash.

"Just because these two groups don't get along, we're on the hook for $40,000," he said.

Town council's general committee on last week recommended acceptance of a $40,414 tender by Hygrade Precast Concrete Inc. for two recreation storage buildings. It was the lowest of two bids.

Lane was the only one to vote against the recommendation.

The 200-square-foot concrete buildings will be used by Pelham Youth Soccer Association in Centennial Park and by Pelham Minor Baseball Association in Marlene Stewart Streit Park. They will continue to pay rental fees of $250 a year.

The two sports groups currently share a 500-square-foot room in the swimming pool building at Marlene Stewart Streit Park.

"Due to conflicts between the organizations over space and the condition of the room, the need for the storage facility was identified in the 2009 budget," community and infrastructure services director Kelly Walsh said in his written report to the committee.

The pool staff store safety and other equipment in offices, said Walsh. They will use the space that's now storage for soccer and baseball groups.

Town staff prefer concrete buildings in the Fenwick and Fonthill parks because the parks are prone to vandalism, he said.

Not only are the buildings indestructible, but they have easy-to-clean surfaces for removal of paint, he said.

"They are portable, crane portable."

Visit your Local Merchants

Need A New Look?

Start the spring off right with a fresh new colour or home improvement.

For professional results and a lasting impression get it done right with

PALMER'S PAINTING & Home Improvement

- Interior / Exterior
- Residential / Commercial
- Carpentry
- Drywall Repairs
- General Home Repairs

Senior's Discount 10% Off

♦ Certified Home Inspector
♦ Free Estimates

"Quality Craftsmanship You Can Trust"

Call Lee at 905-892-2824
Cell 905-324-1667

64086048

Wine Garden of Pelham

BREW ON PREMISE
BREW & WINE SUPPLIES
Ron Kazub
BREW MASTER

- 120 styles of Wine available at all times
- We provide expert advice on the best choices of wine to make
- Carbonated wines for that special occasion
- We cater to the do-it-yourselfer with kits, advice & equipment

Let us help you Celebrate Your Wedding or Anniversary in Style

FREE BOTTLES WITH YOUR FIRST BATCH
Phone: (905) 892-3133
Toll Free: 1-888-768-9463
Visit us at 191 Highway 20 East in Fonthill (at Rice Road)

To advertise here, please phone

905-732-2414 ext 458

PelhamNEWS

WARM UP

...your home for winter with a new high energy efficient heating system.

We service All makes & models

- Maintenance
- Furnaces
- Air Conditioning

Ask about Available rebates

BOB REID
Heating & Air Conditioning
Residential - Commercial
905-892-7787

FAMILY OWNED AND OPERATED

FONTHILL LASER CLINIC

Located inside Fonthill Massage Therapy Clinic

Laser Hair Removal
Spider Viens
Pigmented Lesions
Skin Tightening

Medique X FOL PEELS & Medical Grade FACIALS

Schedule an appointment
905.892.7615
Evening appointments available

VISA

21 HWY 20 Fonthill (Across from Shoppers)

64086027

classifiedextra.ca

Canada's largest and most trusted print and online classifieds network

Online partners: canoe.ca A Quebecor Media Company · YAHOO! CANADA

Merchandise · Pets Agriculture · Real Estate Rentals · Vacation Travel · Employment Education · Community Services · Announcements

Garage Sales · Transportation · Home Improvement · Professional Services · Notices · Personals

Place it on classifiedextra.ca

Phone: 1-866-541-6757
Online: pelhamnews.classifiedextra.ca
Fax: 1-866-485-8461
Email: placeit@classifiedextra.ca

Merchandise

Firewood A180

HARDWOOD 4'X8'X14" $75/cord. $235/3 cord min w/delivery. 15 cords et $60/cord del 905-774-1796
11837698

Pets Agriculture

Dogs A310

6 CKC registered yellow leb females. Vaccineted, dewormed, microchipped. $550. Born Dec 20. Contact Mary et 905-414-8030.
11845572

1-866-541-8757
Classified Extra
11238734

Transportation

Vans/ Trucks A420

1994 GMC SAFARI ven 170,000kms, good shape, new interior, good outside, $2000 obo (905)734-1490
11845518

RECREATIONAL VEHICLES

Campers/ Motorhomes A470

1984 PACE ARROW Executive 30' GM diesel Motorhome. 100,000km. Roof air, microweve oven, 4 burner stove & oven, centrel vec. Needs fuel pump and TLC. $5,000 obo. (905)892-7891
11844313

Real Estate

Rentals

Apartments Furnished A600

BACH/ETTE $550 + hydro, furnished end remodelled. Heat & water peid. Close to downtown, No pets. 1st & last. Seniors welcomed. Cell 905-735-1787. Leave message.
11844574

Reach NEW Clients
Advertise
in Classified Extra
1-866-541-6757
11238731

Apartments Unfurnished A610

Great VALUE!

1, 2, 3 & 4 **BDRM** neer downtown Welland, quiet, clean, , avail now, 1st/lest, (905)517-6629 or (905)633-9553
11817940

Affordable Elegance

1 & 2 BDRM APT BUILDING
26 Mill St.
Now ready for tenents to move in.
VISIT OUR OPEN HOUSE
Everydey 10 - 5
After 5 call for app.
905-351-9646 or
905-732-9141
11842274

'1 & 2 bdrm apts, all bills pd. Aveil. immed. Cell 905-734-1946 or 905-714-3616
11832851

1+2 BDRM epts eveil in Welland. Newly Reno'd + clean. Call 289-820-8636.
11846814

Apartments Unfurnished A610

Must See!

1 & 2 BDRM apts., Pt. Colborne, quiet, mature building, with belcony. Sterting et $600/mth + hydro. $300 discount to quelifying epplicents. Call (905)835-5468
11827211

1 & 2 BDRM APTS.
Start $625. Aveileble
Nicely tinished
905-708-5582
wamproperties.com
11824323

Place itl 1-866-541-6757
11238736

NEW AD

1 & 2 BDRM. Aveil Imm. from $530+hydro. Mins from Hospital & bus stop. (905)732-1888
11847126

1 & 2 BORM Brand New unique loft Apts - Secure building. Laundry facilities. Perking. 289-821-2202
11837481

1 & 2 BORM, Elm St. PC mature building. Close to leke , bike trail & downtown. 834-5025
11819870

1 & 2 BDRM starting at $600 + hydro. Newly reno'd. Secure building. Close to smenities. 905-371-6871. Pics & info at: www.wemproperties.com
11831047

Must See

1 BDRM $675incl util. 2 perk incl Aveileble Now Cindy 289-820-8797 or 416-347-8826
11846031

Apartments Unfurnished A610

Must See

Under New Management!
Canboro Gardens
Clean, quiet, well-maintained bldg.
Spacious suites avail immediately.
1 BDRM, $649 - Hydro Included.
2 BDRM, $659 - Hydro Included.
Close to the cities of Welland and Fonthill.
905-892-6025

Apartments Unfurnished A610

Must See

1 BDRM ept , greet location neer Niegera College and Seaway Mell, lerge yerd, petio, 4 new appl.,$625+ hydro, Aveil.April 1, 905-892-6299
11843359

1 BORM ept. meture building, P.C., main tloor. Reno'd. 1st & lest Ref's + hydro $550 905-835-0975
11821365

NOW HIRING
Ready For Something New?
Find a job you love in the Classifieds
11236981

1 BORM eveil. now- Downtown Welland. Fridge & stove. $600/m hydro & heat included. 905-788-2000
11847264

1 BDRM Elgin St. East, perking, eveil now $579 + hydro. 905-933-9031 or 416-587-3162
11847754

1 BDRM flat very clean, end specious Welland 905-732-8285
11838113

1 BORM, in Dein City. Across from canal. Looking for quiet tenent. No pets $560/mth + utilities, 1st/lest req'd. Aveil Apr. 1st. 905-329-9433
11843560

1BORM, Newly renoveted Upper $550 a month + hydro. Reedy now. 905-735-2555
11840544

1 BDRM quiet, cleen, newly renoveted. Close to Meritt Island. $550 + hydro. Aveil now 905-563-4278 or 905-401-3490
11846654

1 BDRM upper, 60 Kingsway, Dain City. Cenel view. Lots of parking, fridge/stove. $500 + hydro. Aveil. now. 905-734-1971 905-401-8495
11842921

There's no place like HOME

1 OR 2 BDRM, Large, Apr. 1st. North end Wellend. $625. end up. incl. (905)328-8058
11840577

Apartments Unfurnished A610

1 PLACE TO LOOK
www.panoramic properties.ca
Your search is over
Port Colborne
1, 2 & 3 BDRM units $745/mth inclusive. Quiet, centrally located building with lerge clean units & laundry fecility on site. Close to downtown & shopping. **905-351-7367 to view.**
11831237

2 BDRM, $725 + hydro. Quiet, clean building with meture tenents. on Woodlawn Rd. ***905-380-2895***
11832268

CHECK IT OUT

2 BDRM $775incl util 2 park incl Aveileble Now Cindy 289-820-8797 or 418-347-8828
11848021

2 BDRM APT, 464 King St., Welland. $675/m + hydro. Aveil now. (905) 324-3358 / 988-3601.
11817215

2 BDRM ept, fridge & stove, ell inclusive, leundry fecilities, Aveileble Immedietely Call 289-820-6529
11829881

NEW AD

2 BORM ept, Mein & 408 Fridge, stove, laundry. Quiet secure building. Parking, 1st/last $625 + hydro 905- 892-1823.
11846559

2 BORM Fonthill in quiet mature building. Recently reno., stove, fridge, carport, locker. Available May 1st 905-356-0475
11840374

2 BDRM, lerge, with belcony , leundry, **PT COL** $695 + hydro, 905-834-4537
11826453

2 BDRM quiet building with balc. Ridgeway, $695+ hydro Peter 905-991-4523
11826458

2 BDRM Upper, 174 Heger St, $700 inclusive, no smoking/pets, aveil. now, 1st/last/ref's. Call 905-714-0915
11843468

2 BR apts avail for $795/mth on Rice Rd. Incld heet/hydro & parking. Security bldg. neer mells & buses. 289-347-4935.
11838776

Apartments Unfurnished A610

3 BDRM Apt. Avail now Cerpet throughout, fridge & stove, balcony, first & last + hydro. No pets. (905)734-9602.
11808471

Classifieds Extra,
NOW OFFERS
30 second
Video Clips
1-866-541-6757
11238655

Unique

3 **BORM** eveil. June 1st., $1240. 2 **BDRM** Apt eveil. April 1st, $925. 2 - 1 **BDRM** apst. eveil. May/June 1st, $825. All units ell inclusive. Lovely suites in mature building. Speciel emenities, laundry fecilities end gym room. **905-714-3328**
viewit.ca·companysearch /humeinvestments
11839290

579 CLARE AVE.
1 BORM Ideal for seniors Near bus route. leundry, Security Entrance & Well Meinteined
Royal Towers Apts
905-735-5748
11832596

$600+ hydro big, bright apt. Livingroom, 1st/last/ref's 905-734-3600
11830007

81 EMPIRE STREET - 1 bdrm, quiet 12 unit building, belcony. $680, bills pd. Near Church. April 1st. 905-734-7628.
11845181

BEAUTIFUL RIVERSIDE TERRACE NEAR PUPO'S
Historic eward winning bldg. has e 1 bdrm avail. Unique fl plans, cethedrel ceilings, view of river. Trans service near everything!
Call Kim today:
905-788-3698
11844041

EAST MAIN - 2 BDRM from $875 utilities incl, secure entrance. Near Trensit & ell emenities. 905-734-3092
11828905

Apartments Unfurnished A610

FISHING FOR THE PERFECT APT? CATCH THIS!
Fantastic 1, 2 & 3 bdrm epts.Fully carpeted e/c, near ell emenities, wonderful view of recreationel weterwey, bike path & more. One look & you'll be hooked. **Call Mike @ 905-734-1434.**
11823695

FONTHILL SPACIOUS 2 bedroom. Stove, fridge, No pets. Meture clientele.Call 905-892-4326.
11833812

Classified Extre
1-866-541-6757
11236739

KINGS MANOR on Glen Park Dr. 1 & 2 bdrm epts, perk like setting, extra storage
905-732-5371
11849910

LARGE 1,2 or 3 bedroom apts. Garage eveileble. Aveil now! Cell 905-734-9478.
11850229

Must See!

NEWLY RENOVATEO 2 bdrm unit available, $895, utilities included, loceted Plymouth Ave. in Welland. Clean and quiet building, newly installed elevator, No pets. 1st/last required 1-800-324-2998
11842277

PORT COLBORNE, 521 King St. Meture living, clean & quiet. 2 **BDRM** $650+ hydro. 905-834-1682.
11821933

PT. COLB., Adeleide St near West 1 BR. $552 or 2 BR. $603 + bills. 905-931-9493
11835463

CHECK IT OUT

QUIET MATURE LIVING In Port Colborne
1 & 2 BDRM Apts. Incl's fridge/stove, dishwasher, A/C. 1st/last. 905-834-1652 after 10am.
11837178

Apartments East A616

NEW AD

2 BORM - 728 East Main
Spacious upper apt.
$700. inclusive 1st/last
905-734-3600
11846691

Apartments East A616

2 **BDRM** side duplex, Front/beck porch, basement, fridge/stove, $850 + hydro. Aveil. Mer. 15 (905)735-0704
11846348

Apartments West A618

NEW AD

2 BDRM - 521 Webber Rd. Spacious upper apt. $600 + hydro, 1st/last. 905-734-3600
11846930

Halls/ Wedding Rentals A645

WELLAND OPTIMIST x-mas, BDey, Showers, Etc. Up to 50 people. Bill 736-3000.
11820468

Call Classified Extra
1-866-541-8757
11238733

Houses A650

CHOOSE YOUR OWN "RENT TO OWN" HOME! Tired of Renting? Working on correcting your credit? STEP INTO OUR HOME OWNERSHIP PLAN - Some closing costs required. KELLY RICHARD, 905-323-7073, Sales Representative, RE/MAX Gerden City Realty Inc., Brokerage.
11835355

Look What's NEW!

SMALL 2 BORM yeerround cottage with lake view. $600.+ util. No dogs. 1st/last/ref. Aveil now. Lekeshore Rd., Lowbenks 905-899-1023.
11846776

TOWNHOUSE COMPLEX
3 **BDRM** with appliances. $720 + util., 1st/lest Cell (905)735-4817 before 9 pm
11837829

Rooms A660

1 **ROOM,** $300, upper shered ept. furnished, great housemates, downtown. 905-734-3600
11841378

Rooms A660

ROOMS, 883 King St. from $280/month, TV, fridge, microweve. Cell today! 905-735-1529.
11835448

Let us show you how to make your ad STAND OUT!
Call Classified Extra
1-866-541-6757
11238692

What A Deal

BUY IT...
SELL IT...
FIND IT..!

Its All Here In The Classifieds

Call Today And Place Your Ad
1-866-541-6757
11238754

LOOK

Claaaified Extra
Newspapers are all of our communities
Advertise with Classified Extra in our newspapers
ACROSS ONTARIO
1-866-541-6757
Check us out ONLINE
classifiedextra.ca
11238703

Vacation Travel

Employment Education

Admin/ Office A790

DUNNVILLE LOCATION- Pert-time office assistant. Basic computer skills. Flexible hours- Stert immedietely. Please send Resume to: kjshaw@niagara.com
11844735

Admin/ Office A790

IMMEDIATE Need!

RIBO Customer Service Representative Billyard Insurence Brokars Inc. is e well astablished ragional operation with one location, serving individual, family and businees insuranca naeds for more than 20 yaars. We are looking for an experienced insurance professional to join our organization. If you like a varied cliant portfolio and thriva in a fast paced, team oriented setting you will fit right in. Ideally, you will hava worked with Powar Broker eoftwera. Your R.I.B. (ON) license and any other relevant accreditations are definite aseets.You can also axpect a compatitiva compensation package. Please forward your resume to sandy@billyardinsurance.com. I would like to thank all applicents in advance, however, only those selected for an interview will be contactad within 48hrs. 2yrs axperianca an asset. Please apply via email only please. All inquiries will be kept strictly confidential. Submit rasume to: Sendy Billyard, Billyard Insurance Brokers Inc.,18 Thorold Rd, Welland, ON L3C3T2. E-mail sandy@billyardinsurance.com.
11847978

Place itl 1-866-541-6757
11238736

General Employment A800

A CREDITED Nail Technician clasees. Manicura, pedicuras, gels, acrylics, nail art, etc. Starts March 17. Register Now. Professional Acadamy of Hair Design 905-788-3215
11949103

IF IT HAS TO GO PUT IT HERE

BIG or small
We've got it all!

CLASSIFIEDS WILL SELL IT
1-866-541-6757
11238828

ATTENTION READERS
classifiedextra.ca strongly recommends that readers never send money in response to Employment or Job Opportunity advertisements.
11840087

DAYTIME POSITIONS AVAILABLE.
Apply at worksforme.ca or bring resume to 631 Niagara St., Welland
11944424

General Employment A800

NOW HIRING

EXPERIENCED SHINGLERS
Minimum 3 yeare experiance. Must have own tools and valid drivers licence. Own transportation is a must. Alec, **ROOFERS HELPERS**, experience not necessary but preferred. Willing to train, must have valid drivers licence and own transportation. Full Time Positions. 905-835-2580 leave message.
11847340

WHERE ELSE?
Have something to sell?
Classified Extra will connect you with the buyer you're looking for!
1-866-541-6757
11238640

General Employment A800

JOB FAIR
Saturday March 13th
@27 Restaurant
Noon - 2pm
To prep, and prapara appetizers in busy restaurant.
No phone calls please
www.attwentyseven.com
11847796

McDONALD'S RESTAURANT MAINTENANCE
Position Available.
Full tima with benefits. Early morning hours & vehicle required. Go to worksforme.ca to apply or bring a resume to 631 Niagara St., Welland
11844423

EDUCATION

Notices

Community Services

Person to Person A956

Anyona knowing tha whereebouts of **MARLENE ROSE SEEBER-GALBRAITH**, married to Richard Galbraith. Plaasa contact Lee (819)682-0063
11847342

CLASSIFIEDS
1-866-541-6757
classifiedextra.ca
11238811

Personals

Adult Personals A974

ASIAN MASSAGE
Young Pretty Girls
289-213-8682
11847458

Announcements

Garage Sales

Home Improvement

Drywall/ Plaster S180

PLASTERING, drywall, text. ceilings, painting, parging, repairs. Frank Soos (905)734-9838
11832337

Read it in the classifieds
11238602

Painting/ Decorating S250

MIKE'S PAINTING
30 yrs exp. Comp. rates. Free Est. Int/Ext. Classic Deals. Power washing . Ref's avail.
905-714-3707
11847039

Renovations S280

NAGY CONSTRUCTION
35 years experience. Laeky basemants, Yard drainage, waterlines, sewers, trenching, top soil, Call Bob (905)714-0228 Seva 10% with this ad
11838059

Roofing S300

FRED'S ROOFING & Eaves Troughs cleaning/repairs. $1.00 ft. Frea est. 905 834-8305
11844093

MUST SELL!
Sell It Fast!
1-866-541-6757
11238812

Waterfproofing S355

FOUNDATION WATERPROOFING
by Moe
Keep it dry!
(905) 892-2953
11835618

Professional Services

Business/ Franchise Opps S380

ATTENTION READERS
classifiedextra.ca strongly urge readers to investigate potential BUSINESS and FRANCHISE Opportunities before sending money in response to any advertisements.
11840112

WHERE ELSE?
Find It
in the classifieds
1-866-541-6757
LOOK
pets A320
items A950
LOST & FOUND
11238742

classifiedextra.ca

General Employment A800

La Société John Howard de Niagara
Avis d'affichage pour le poste de:
Animateur bilingue, temps plein, permanent

La Société John Howard de Niagara est à la recherche d'un animateur à temps plein pour le programme de SNAP (Stop, N'agis pas, Analyse et Planifie) dans les écoles. Le programme est basé sur des données probantes, conçues pour diminuer l'agressivité, le comportement antisocial et l'intimidation et augmenter le comportement pro social dans les écoles. L'animateur sera responsable des ateliers de groupe ou individuels aux étudiants et devra implémenter et entretenir le programme. Les déplacements sont requis. Une copie de la description du poste est disponible sur demande.

Vous devez

- Avoir complété un diplôme de travailleur jeunesse, d'éducateur à la petite enfance, de travailleur social ou l'équivalent.
- Un minimum de 2 à 3 ans d'expérience, avoir travaillé dans le système de l'éducation, cependant une expérience de 3 à 5 ans dans un domaine connexe serait un atout.
- Avoir travaillé avec des enfants à haut risque avec habiletés acquises grâce à l'engagement et à la motivation, incluant la dynamique de groupe, les jeux de rôles et les techniques de gestion du comportement.
- Une capacité à travailler sur le plan thérapeutique avec des enfants et leurs familles avec un modèle de système comportemental et une méthode d'apprentissage social.
- Une attitude positive face aux enfants au comportement difficile et à leurs familles.
- Connaître les ressources de la communauté dans la région de Niagara.
- Expérience démontrée en counseling individuel et de groupe et des compétences en facilitation.
- Expérience avec la base de la théorie cognitive et du comment elle se rapport au programme de développement de la jeunesse.
- Habileté à mettre en application des programmes cognitifs individuels ou de groupe.
- Excellentes aptitudes en communication écrite et orale.
- La préférence sera donnée aux personnes bilingues (français).
- Capacité à utiliser des logiciels avancés et des applications de l'informatique.
- Un permis de conduire de l'Ontario et un dossier de conducteur satisfaisant.
- L'utilisation d'une automobile en bonne condition pour voyager dans la région.
- Assurance responsabilité civile automobile pour un minimum d'un million de dollars.
- Dossier criminel satisfaisant selon la société John Howard du Niagara.

Échelle salariale :à déterminer

Si vous êtes intéressé, envoyez votre CV, démontrant votre expérience et vos habiletés au plus tard le **vendredi 30 avril 2010 à 16 h 30.**

Directeur des Ressources humaines
210, rue King
St. Catharines, ONL2R 3J9

jobs@jhs-niagara.caou par télécopieur au 905.984.6918

General Employment A800

ONTARIO OFFICE WORKS Inc

SCOPE:
To maintain a full set of books, including payroll, in Simply Accounting. To use Microsoft Excel and Access to record data and generate reports. To provide support to clients. To be responsible for various administretive duties.
SKILLS:
Must be e self sterter, heve e good memory for detail with excellent customer service.
QUALIFICATIONS:
Preference given to candidates with good verbal communication skills in both French and English. Must have Post Secondary education in bookkeeping and various office software. Must be keen to learn computer maintenance in a server environment.

Please forward resumes to:
Onterio Office Works Inc.
P.O. Box 4
Welland, ON L3B 5N9
or fax to 905-734-4299
or email to maindesk@businessoptions.org

Drivers A830

Join K.A.M. TRUCKING INC. Today!
NOW HIRING

CLASS AZ COMPANY DRIVERS

FULL TIME or PART TIME
LOCAL or HIGHWAY

- 2 yrs verifiable driving experience
- Stability for you and your family today and in the future
- Fast & T.W.I.C. cards an asset
- Fair and aquitable dispatch, wa work togathar in a taam anvironmant
- Company paid benefits available after 30 days
- Pension Plan
- Trips 2-3 days, allowing you to ba home with your family on a regular basis
- If you have a professional attitude, we want to hear from you!

Call Karl or Mark (905)899-3399; fax resume to 905-899-3499 or email to karl@kamtrucking.com

LIBRARY EVENTS

GENTLE DANCE & MOVEMENT EXERCISE CLASS
Join Bonnie for beginner and gentle dance based exercise classes. Dress for comfort, wear running shoes & bring a mat or blanket. Wed., Mar. 24-May 19 . 11:45 a.m. - 12:45 p.m. $40.00. Please register ahead.

MEDITATION MORNING
Marcia leads you through a number of different types of meditations for stress relief and focus. Great for beginners and those who havemeditated before. Please bring a pen and notebook with you. $3. Please register ahead. Sat. March 13 from 9:30 - 11:30 a.m.

EDIBLE PLANTS FOR HUNGRY GARDENERS As people become more concerned about food safety and cost, freshness and quality, edible gardens are growing in popularity. Learn the basics of garden design, how to incorporate edible plants into decorative gardens, planting techniques, maintenance tips, and harvesting your owngetables and herbs. Workshops presented by Restoration Ecologist ChrisDiRaddo, proprietor of Sassafras Farms and key partner in NTEC's EcoGardens initiative. $2.50 per person. Please register ahead. March 17 at 2 p.m.

Richard Brown
SALES REPRESENTATIVE
ROYAL LEPAGE
Niagara Real Estate Centre Inc., Brokerage
Office: 905.734.4545
Cell: 905-651-5143
rbrown@royallepage.ca
www.homesniagara.com
637 Niagara St., Unit #2
Welland, Ontario
"Selling Throughout Niagara"

AROUND TOWN

SATURDAY, MARCH 13

ALL PLAYERS INTERESTED in trying out for the Pelham Panthers U13 NYSL Travel team are welcome to come to Centennial High School. We are looking for a goaltender and 3 players practices are from 2:30 to 4 p.m. each Saturday for the next six weeks contact Coach Paul Fasan 905-734-9504.

WEDNESDAY, MARCH 17

CANADIAN FEDERATION OF UNIVERSITY Women will hold their monthly meeting on March 17 at 7:00 p.m. at the Plymouth Cordage Retirement Residence, First Street in Welland. Maryam Al-Harazi will speak on Being Muslim In Niagara. New members and interested women are welcome to attend

SATURDAY, MARCH 20

PELHAM HISTORICAL SOCIETY
Open meeting at 2:30 p.m. at Kirk-on-the-Hill, Haist Street, Fonthill, Speaker Lezlie Harper Wells will talk about Black History in St. Catharines. All Welcome

WEDNESDAY, MARCH 24

WELLAND CAMERA CLUB MEETING
features "New York City, Top Ten and More" by Heather Halfyard. Len Trumble competition results will be shown. Come out and enjoy an entertaining evening with us starting at 7:30 p.m., Wesley United Church, 244 First Ave. N. For information call Larry Lanigan 905-892-4699.

FRIDAY MARCH 26

ANNUAL SPRING HAM DINNER
at Fenwick United Church Sittings at 5 p.m. and 6:30 p.m. Tickets- Adults $12 and children(6-12) $6. CALL 905-892-0973 05 905-892-3081 for tickets.

ONGOING

A CAPPELLA NIAGARA
Men's Barbershop chorus invites singers for fun, fellowship and fabulous four-part harmony every Tuesday at 7:30 p.m. at St. John Ambulance, 5734 Glenholme Ave. at High St. in Niagara Falls. For info call Bob 905-892-2336.

ST. CATHARINES NEWCOMERS CLUB
invites women of all ages new to the Niagara area to join us on the first Wednesday of the month, at the Heidehof, 600 Lake St, St. Catharines at 7.30p.m. Call Pat at 905-937-9889 or Gwen 905-641-9816

AROUND TOWN IS A COMING EVENTS SERVICE FOR NON-PROFIT GROUPS IN PELHAM. PLEASE MAKE SUBMISSIONS BY E-MAIL TO PELHAMNEWS@WELLANDTRIBUNE.CA OR BY FAX TO 905-732-3660.

Notices

A910

Network Classifieds: Advertise Across Ontario or Across the Country!

For more information contact Your local newspaper

AUTOMOTIVE

SAVE UP TO $400 ON YOUR CAR INSURANCE Clean driving record? Call Grey Power today at 1-866-473-9207 for no-obligation quote Additional discounts available Open Weekends. (Ontario only)

MOTOR VEHICLE dealers in Ontario MUST be registered with DMVIC To verify dealer registration or seek help with a complaint, visit www.omvic on ca or 1-800-943-6002 If you're buying a vehicle privately, don't become a curbsider's victim Curbsiders are impostors who pose as private individuals, but are actually in the business of selling stolen or damaged vehicles

BUSINESS OPPS.

FOR SALE Exclusive Vending Machine Franchise, sell vending machines, exclusive territories, investment required, financing available, potential $400,000 per year Call Now at 1-866-941-8916

TOP NYSE COMPANY is rapidly expanding In Ontario part time/full time positions available Training provided. Access to internet & car a must. Call 1-877-241-5371.

ENERGIZE YOUR INCOME! Distribute hot selling energy drinks Earn up to 10K/month $11 Billion Industry No selling minimum investment 19K Areas going fast Free sample/information Package 800-267-2321. Peak distributors com

BUSINESS SERVICES

LOOKING FOR NEW BUSINESS and added revenue? Promote your company in Community Newspapers across Ontario right here in these Network Classified Ads or in business card-sized ads in hundreds of well-read newspapers Let us show you how Ask about our referral program Ontario Community Newspapers Association Contact Carol at 905-639-5718 or Toll-Free 1-800-387-7982 ext. 229 www.ocna org

CAREER TRAINING

ARE YOU IN THE DARK? We Can Help! Call Everest College Today! Toll-Free 1-866-849-8066, www EverestCaneda ca, EVEREST COLLEGE - Business, Technology, Health Care.

MEDICAL TRANSCRIPTION IS RATED #2 FOR AT-HOME JOBS Learn from home Work from home! Start your online training today Contact CanScriba at 1-800-466-1535, www.canscribe com, info@canscribe com.

COMING EVENTS

Lecture on DREAMS - SIGNS - ANGELS, Canadian Tour in more than 48 Cities IN YOUR AREA NOW! Schedule on Internet, visit www 72angels ca

PERSONALS

ALWAYS WAITING TO MEET THE RIGHT PERSON to share your life with? Time to get serious & call MISTY RIVER INTRODUCTIONS, Ontario's most successful matchmaking agency CALL (416) 777-6302, (705) 734-1292, www mistyriverintros com.

DATING SERVICE Long-Term/Short-Term Relationships, FREE CALLS 1-877-297-9883 Exchange voice messages, voice mailboxes 1-888-534-6984 Live adult casual conversations - 1on1, 1-866-311-9640, Meet on chat-lines Local Single Ladies 1-877-804-5361 (18+)

PAST*PRESENT*FUTURE* #1 Psychical *1-877-478-4410 *Credit cards/deposit or phone 1-900-783-3800, $3 19/min (18+) For a psychic NOW! Meet us at www.mystical connections ca

PSYCHICS

LOVE, MONEY & CAREER What's up for 2010? By phone 1-900-643-1415, $2 85/min or by cell Rogers, Fido & Bell Mobility dial the pound key and this number (633486) (#medium) at $2 99/min 18+ www mediumcanada com

SERVICES

A CRIMINAL RECORD? We'll clear it! Don't be misled by others, get what you really need Lowest price, guaranteed BBB Certified Pardons/Waivers Toll-Free 1-800-507-8043, www pardongranted.ca

VOLUNTEER OPPS.

HOST FAMILIES NEEDED Northern Youth Abroad is looking for families to host 2 youth from Nunavut/NWT, volunteering in you community JULY/AUGUST www nya ca Call 1-866-212-2307.

HELP WANTED

FULL-TIME OR PART-TIME SALES AGENTS URGENTLY NEEDED FREE government grants for RESP savers has led to EXPLOSIVE GROWTH in RESP investing. Heritage Education Funds is a leading provider of RESP's, with over $1 7 billion in assets under management. Excellent marketing support, free training & a generous progressive commission structure to drive your success Car a must CALL TOLL-FREE 1-866-871-8781, FAX 1-866-355-7377.

#1 IN PARDONS Remove your criminal record. Express Pardons offers the FASTEST pardons, LOWEST prices, and it's GUARANTEED BBB Accredited FREE Consultation Toll-Free 1-866-416-6772 www Express Pardons com

$$$ SECURITY GUARDS $$$ Security guards wanted ASAP. No experience needed, Training provided Immediate openings Pay $10-$18 per hour All over GTA, (416) 642-9012, www Ironhorsegroup com

HEALTH

Lose up to 24lbs by May 24 Results Guaranteed Look great. Feel Great. Lose weight. Call Herbal Magic for a free no obligation consultation 1-800-926-4363

INSURANCE

CLEAN DRIVING RECORD? Grey Power could save you up to $400 on your car insurance Call 1-877-505-0487 for no-obligation quote Additional discounts available Open Weekends (Ontario only)

MISCELLANEOUS

ST LAWRENCE RIVER CRUISES - World class cruising close to home The hassle free way to travel 2-8 nights in private Staterooms Included Shore excursions, great meals & nightly entertainment From $695 00 TICO#2168740 253 Ontario St, Kingston, 1-800-267-7868, www StLawrenceCruiseLines com

MORTGAGES

0$ ARE YOU SINKING IN DEBT? 1st, 2nd & 3rd Mortgages - Bruised Credit - Bank Turndowns - Debt Consolidation - Refinancing - Power of Sale - Past Bankrupt - Home Renovations We can lend a Hand (Brokerage License # 11384) CANADALEND com, Email paul pelia@canada lend com, Toll-free 1-877-999-9133 CALL NOW!

$$$ 1st, 2nd, 3rd MORTGAGES - Tax Arrears, Renovations, Debt Consolidation, no CMHC fees $50K you pay $206 33/month (OAC) No income, bad credit, power of sale stopped!! BETTER OPTION MORTGAGES, CALL 1-800-282-1169, www mortgageontario com (LIC# 10969)

A BELOW BANK RATE, 1st and 2nd Mortgages from 2 05% VRM, 3 89% 5 YR , 95% - 100% o a c Financing, 1st TIME HOME BUYERS, Debt Consolidation, Self-employed, All Credit Types considered CALL 1-800-225-1777, www homeguardfunding com, EST 1983. LIC #10409

AS SEEN ON TV - 1st, 2nd or Home Equity Loan's We don't just say "APPROVED" we mean it! Bad Credit, Self-Employed, Bankrupt, Foreclosure, Power of Sale Need to re-finance? No problem - APPROVED! CALL TOLL-FREE 1-877-733-4424 or www refiltoday ca. The Refinancing Specialists! LIC#10408

VACATION/TRAVEL

ONTARIO'S PREMIER COTTAGE RENTAL AGENCY offering privately owned waterfront cottages from basic to luxury, providing you with a true "cottage experience". All cottages fully equipped www cottagevacations com, TOLL-FREE 1-877-216-5370

FOR SALE

NEW Norwood SAWMILLS - LumberMate-Pro handles logs 34" diameter, mills boards 26" wide Automated quick-cycle-sawing increases efficiency up to40% www Norwood Sawmills com/400OT - FREE Information 1-800-566-6899 Ext 400OT

#1 HIGH SPEED INTERNET $18 95 / Month. Absolutely no ports are blocked Unlimited Downloading Up to 5Mps Download and 800Kbps Upload ORDER TODAY AT www acanac ca or CALL TOLL-FREE: 1-888-281-3538

A FREE TELEPHONE SERVICE - Get Your First Month Free Bad Credit, Don't Sweat It. No Deposits No Credit Checks Call Freedom Phone Lines Today Toll-Free 1-866-884-7464

CRIMINAL RECORD? Only PARDON SERVICES CANADA has 20 years experience GUARANTEEING RECORD REMOVAL Call 1-8-NOW-PARDON (1-866-972-7386) www RemoveYourRecord com.

A SAFE, PROVEN "Restless Leg Syndrome" and "Leg Cramps" Cure That Always Gives You Instant Relief www allcalm com, 1-800-765-8660

HOME PHONE RECONNECT Call 1-866-287-1348 Prepaid Long Distance Specials! Feature Package Specials! Referral Program! Don't be without a home phone Call to Connect NOW! 1-866-287-1348

LEGAL SERVICES

DISABILITY CLAIM DENIED? Toronto's Leading Disability Lawyers will fight for your rights! We offer a Free Consultation for Group & Private Disability Claims No Fees until we Settle. www ShareDisabilityLaw.com 1-888-777-1109

Slip and Fall Accident! Have you been seriously injured? You may be entitled to compensation No Fees until we Settle Free Consultation! www shareiawyers com, 1-888-7-The-Law

WANTED

WANTED OLD TUBE AUDIO EQUIPMENT 40 years or older Amplifiers, Stereo, Recording and Theatre Sound Equipment Hammond organs Any condition, no floor model consoles Call Toll-Free 1-800-947-0393 / 519-853-2157

FIREARMS WANTED FOR AUCTION APRIL 17TH Rifles, Shotgune, Handguns As Estate Specialists WE manage sale of registered / unregistered firearms Paul, Switzer's Auction 1-800-694-2609, info@switzersauction com or www switzersauction com

EMPLOYMENT OPPS.

Nursing Positions Available RNs & LPNs can have it all, back in the Maritimes Shannex has immediate openings for full-time nurses for 12 newly constructed facilities Portability of benefits per NSNU or affiliated Canadian Nurses Union New, state-of-the-art continuing care facilities throughout the Maritimes For more information, contact Wayne White Nurse Recruiter, wwhite@shannex com, Toll-Free 1-877-564-6749

CHEAP TELEPHONE RECONNECT paying too much? Switch & save! Only $39 95/month! Fast connections, flexible due dates, low rates - Call now! 1-877-336-2274, Phone Factory Reconnect, www phonefactory ca

EQUIPMENT FOR SALE

ARCTIC REFRIGERATION Est. 1945 - New and Used Restaurant Equipment www arcticfoodequip com Special prices include New two glass door cooler $1,990 00. Canada delivery 1-866-528-8528

FINANCIAL SERVICES

DEBT CONSOLIDATION PROGRAM Helping Canadians repay debts, reduce or eliminate interest, regardless of your credit Steady Income? You may qualify for instant help Considering Bankruptcy? Call 1-877-220-3328 FREE Consultation Government Approved, BBB Member

$$$ FREE $$$ yourself from debt $$$ MONEY $$$ for any purpose Decrease payments up to 75%! 1st, 2nd & 3rd Mortgages & Credit lines Bad credit, tax or mortgage arrears OK Ontario-Wide Financial Corp (LIC# 10171). Toll-Free 1-888-307-7799, www ontario-widefinancial com.

$$ NEED MONEY $$ Have RRSP or locked in pension plan from an ex-employer (LIRA) or (LIF) 3 easy ways to help Call 1-866-976-7336.

500 LOAN SERVICE, by phone, no credit refused, quick and easy, payable over 6 or 12 installments Toll Free 1-877-776-1660 www moneyprovider com.

STEEL BUILDINGS

A-Z Technical Bldg Systems Inc. Pre-Engineered Steel Buildings Since 1978! Stamp drawings & leasing available. Ask for Wally Toll-Free at 1-877-743-5888, Fax (416) 626-5512 www a-ztech on ca

STEEL BUILDING SALE! Less than WOOD Less than CANVAS Less than STEEL TRUSSES Various sizes and shapes Canadian Manufacturer Direct. For the BEST AND LOWEST call Pioneer Steel Manufacturers, 1-800-668-5422 www.pioneersteel ca.

• It's Affordable • It's Fast • It's Easy • It's Effective • One Bill Does It All • *All Ontario $449* • Regional Ontario or National Packages Available! www networkclassified org

64091207

PUPO'S
Corner of Maple Ave. and Prince Charles Drive

PUPO'S BAKERY
Moulin Rouge SOURDOUGH BREAD 1/2 PRICE 1.29 450g loaf

FRESH BAKED APPLE PIE SAVE $1.00 2.99 620g

SPECIALS in effect Mar. 12th to closing Thurs. Mar. 18th, 2010 • OPEN SAT. 8-6, SUN. 10-5, MON., TUES., WED. 9-6, THURS.-FRI. 9-9

CUT FROM ONTARIO AA BEEF OR HIGHER NORWICH PACKERS CORN FED BEEF BONELESS NEW YORK STRIP STEAKS 1/2 PRICE 4.99 lb.

FRESH AIR CHILLED BONELESS SKINLESS CHICKEN BREASTS 1/2 PRICE 3.99 lb.

CUT FROM ONTARIO AA BEEF OR HIGHER NORWICH PACKERS CORN FED BEEF BONELESS SIRLOIN TIP ROASTS AGED TO PERFECTION SAVE $2.00 lb. 3.99 lb.

PUPO'S CORNED BEEF BRISKET 1/2 PRICE 2.99 lb.

DELI Specials
Brandt CLASSIC POLISH SAUSAGE 1/2 PRICE 2.49 lb.
Brandt KOSHER STYLE CORNED BEEF SAVE $2.00 3.99 lb.
Salerno Deluxe MOZZARELLA CHEESE 4.99 lb.

FRESH ONTARIO VEAL BONELESS GRAIN FED VEAL STEW SAVE $2.00 lb. 3.99 lb.

CUT FROM ONTARIO AA BEEF OR HIGHER NORWICH PACKERS CORN FED BEEF EXTRA LEAN GROUND BEEF SAVE $1.50 lb. 2.99 lb

OASIS TOMATO JUICE 48 oz. can $1

PRIMO PASTA 900 g bag 1/2 PRICE $1 Limit 3 pkg. per family

D'ITALIANO BREAD 675g loaf 2/$4

CLOVERLEAF FLAKED LIGHT TUNA $1 170g can

Kraft Real MAYONNAISE 890mL SAVE $2.00 2.99

Honey Nut CHEERIOS 685g box SAVE $2.00 4.99

OCEAN SPRAY CRANBERRY COCKTAIL 1.89 litre 3/$10

HEINZ PORK & BEANS $1 14 oz. can

PRIMO SOUP 540 ml can 1/2 PRICE 1.29

BICK'S BABY DILL PICKLES 1.5L 3.99

Lays POTATO CHIPS 2/$5
Christie's THINSATIONS 2/$5

NATURE VALLEY GRANOLA BARS Box of 5 to 8 2/$4

ROMAN GNOCCHI RAVIOLI OR TORTELLINI 1LB. Bag 2/$4

FRESH CUT FLOWER BOUQUETS 2.99 and UP

CALIFORNIA SEEDLESS ORANGES ENJOY NOW! 5.99 8 LB. BAG

EXTRA FANCY LARRY ANNE VARIETY SWEET PLUMS 1.99 LB.

NO. 1 GRADE ONTARIO WHITE POTATOES $1 2 bag limit 10 LB. BAG

NO. 1 GRADE ARIZONA BABY GREENS SALAD MIX 2.99 1 LB. BAG

NO. 1 GRADE ONTARIO ENGLISH CUCUMBERS 99¢ EA.

FROM THE TROPICS PERSONAL SIZE WATERMELON 3.99 EACH

FROM THE TROPICS GOLD PINEAPPLE CORED READY TO EAT! 3.99 EACH

EXTRA FANCY ONTARIO RED OR GOLDEN DELICIOUS APPLES 99¢ LB.

NO. 1 GRADE ONTARIO GREEN CABBAGE 1.29 EA.

NO. 1 GRADE ONTARIO YAMS 79¢ LB.

GO CANADA GO

Staff Photo

Amanda, 23, Tony, 30, and Juliana, 5, Kammouh got ready for the Canada-United States gold medal game by building this gold-medal winning snowman at 111 Spruceside Cr. the day before. The celebrating Frosty drew attention for neighbours and passersby until he melted down.

HOCKEY

Red Dragons on fire

For PelhamNEWS

Pelham Minor Hockey Tim Hortons' Red Dragons battled the White Thunder in their first playoff game on March 4.

The Dragons won 4-3 in a back and forth game.

Ethan Doherty opened the scoring for the Thunder at 9:35 of the first. Grayson Van Geest scored his first goal of the season to tie the game at 2:37 of the first.

Goals in the second period for the Dragons were Edward Litalien and Jeffrey Sung; Ty Philbrick replied for the Thunder.

The third period saw Lucas Gaudet score a beautiful goal at 4:31 only to have Joseph Kita score the game winner for the Dragons with only 54.9 seconds left in the game. Thanks to Owen Metler for filling in as goalie at the last minute and doing a fantastic job for the Dragons. Ryan Jensen was also solid in net for the Thunder.

Statistics:

Thunder; Ethan Doherty (1 goal, 1 assist), Ty Philbrick (1 goal), Lucas Gaudet (1 goal).

Dragons: Grayson Van Geest (1 goal), Edward Litalien (1 gal), Jeffrey Sung (1 goal), Joseph Kita (1 goal).